

Brown Hill Community Newsletter

Edition 31, June - August 2021

*A project of the Brown Hill Progress Association supported by the Brown Hill Community Partnership.
We are proud to walk this land with the Wadawurrung people and all other First Nations people.*



Laurinda from the parkrun team with Brendan and other Brown Hill Progress Association volunteers tidy up the Yarrowee River Trail after the significant storms in the lead up to the Queen's Birthday weekend. Photographer: Aaron Coulter

Diary Dates

JUNE

Sunday 20 - Saturday 26:
Refugee Week (p.9)

Friday 25: Last day of school
Term 2.

JULY

Sunday 4 - Sunday 11: NAIDOC
Week (p.12)

Monday 12: School Term Three
starts.

Monday 19: 7.00 pm, Brown
Hill Progress Association
meeting. Brown Hill Hall. All
welcome.

...continued p.2

Community works together to clear the track

Wild weather lashed Victoria just before the Queen's Birthday Long Weekend, causing havoc along the Brown Hill section of the Yarrowee River Trail. Local community members worked together to clear the track.

As we all know, the wild weather of 10 and 11 June made a bit of a mess around town. The Yarrowee River Trail/Wallaby Track was not spared.

A casual walk along the trail on Friday morning revealed tons of debris on the track with sticks, branches, leaves and several trees also down.

A call to arms to the Brown Hill Progress Association (BHPA) and

volunteers connected with the Saturday morning parkrun resulted in a great turn-out.

We met at 8.00 am on Saturday 12 June in the Springs Road carpark. People came loaded with rakes, brooms, shovels, clippers and blowers. The group spread out along the trail between Springs Road and the Western Freeway tunnel where most of the damage had occurred.

The whole process was checked first with the City of Ballarat and we were given the thumbs up to go ahead. They also sent a chainsaw crew down late on Friday to cut the fallen trees away from the track. After a successful

couple of hours our crew all settled back to Jenine and Mick's coffee caravan in Water Street for some refreshments.

A big thank you to all who helped and to the City of Ballarat crew who shifted all the big stuff on what must have been a very hectic and long Friday.

*Brendan Stevens, Secretary,
Brown Hill Progress Association
0409 018 867
bhpa@brownhill.vic.au*

Read more about the Brown Hill Progress Association on p.4 and the Wallaby Track parkrun on the Yarrowee River Trail on p.18.

...continued from p.1

AUGUST

Monday 2: Articles for Edition 32 due (see below for details).

Friday 13: Delivery of Edition 32 across Brown Hill.

Monday 16: 7.00 pm, Brown Hill Progress Association meeting. Brown Hill Hall. All welcome.

SEPTEMBER

Friday 17: Last day of School Term Three.

For more, visit: brownhill.vic.au

We acknowledge the Wadawurrung people and their ancestors who have been custodians of the Ballarat area for thousands of years performing age-old cultural ceremonies, celebrations and traditions.

We would like to acknowledge the Ballarat Aboriginal community, many of whom were forcibly removed from their families during the Stolen Generations decades and brought to Ballarat.

We would also like to acknowledge and pay our respects to Elders past, present and emerging.

In this edition

The days are short, the nights are long and the weather is wild. It can be a bit tricky to find a good time to get outside and exercise. We're lucky in Brown Hill to have great tracks and trails.

Walking along the Yarrowee River Trail to 'the Gong' after the recent storms, there were several large trees to negotiate. It was heartening to see evidence of the Saturday morning working bee (p. 1) when community members cleared this much used and valued track. What a great team effort!

About our Newsletter

This publication is a community project of the Brown Hill Progress Association. It is published bi-monthly in February, April, June, August, October and (early) December.

Our volunteer team:

Editorial Advisory Committee:

Geoff Dickson, Brian Green and Sarah Greenwood-Smith

Editorial Support: Hazen Cleary, Sally McAlpin and Julie Hayes

Lead Writer: Louise Jones

Accounts Manager: Andrea Perrin

Proof Reader: Peter Morton

Social Media: Kelsie White and Ellie Thacker

Over 20 wonderful local volunteers distribute the newsletter to all businesses and residences in Brown Hill with additional copies usually available at local businesses and community hubs. Electronic copies are available on the

Brown Hill Online Community Hub: brownhill.vic.au/newsletter/ or you can subscribe online or by emailing us: newsletter@brownhill.vic.au.

Contributions are welcome from the Brown Hill community. Articles are due by the first Monday of the month in which the edition is published (December: due late November) to newsletter@brownhill.vic.au or in hard copy to the reception desk at Caledonian Primary School, Thompson Street, Brown Hill during school term and hours.

Edition 32 articles are due by **Monday 2 August 2021**. Please read the editorial policy regarding contributions before submitting an article or advertising: brownhill.vic.au/newsletter.

The views expressed or information provided in this publication are not necessarily those of the Brown Hill Community Newsletter Committee or the Brown Hill Progress Association, including any officers, members, agents or

contractors.

Occasionally, some content included in our newsletters may be upsetting for some readers. If you need support, contact numbers are available here: brownhill.vic.au/new-to-brown-hill/need-some-support/

Layout using Scribus 1.4.3

Printed by Ballarat Mailworks on 100% recycled paper.

This publication is licensed as Creative Commons Attribution-ShareAlike 4.0 International.

ISSN 2209-9050

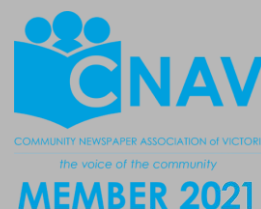
Brown Hill Progress Association

Meet in the Brown Hill Hall (rear room), first Tuesday every month, 7.00 pm. All welcome.

bhpa@brownhill.vic.au

brownhill.vic.au

PO Box 1863, Bakery Hill 3354



I've had some early starts to walk with a friend around Russell Square (the front gate being frozen shut was problematic one morning). It is fantastic to see lots of others out too. However, it is dark along Scott Parade. I'll be adding my safety ideas to the new online YourGround map (p.6).

Thanks to volunteer Vic for this feedback, "We love being part of of the delivery crew and distributing to our beautiful little neighbourhood. As we head out and deliver the kids find their friends to tag along and join in, hopefully instilling a little piece of community spirit along the way!"

A huge thank you to our lead writer, local resident Louise Jones, for her many contributions to this edition. It's made for a great read.

Thank you to our sponsors:

Gold: Andrew Johnson - Maxwell Johnson Real Estate. **Silver:** Mount Xavier Golf and Bowls Club Inc., The Hair Room By Elaine and Waldron Heating and Cooling.

Bronze: Ballarat Treeworks, Bakers Delight Bakery Hill, Cornerstone Learning, Dazzlin' Doggie Country Village, Jigsaw Puzzles Australia, Matt Wilson Electrical, Neil Pollard Plumbing, RCC Commercial Cleaning and The AFL Store - Ballarat. We would also like to thank Catherine King

and Juliana Addison for their ongoing support.

Sarah Greenwood-Smith, Volunteer Editor, Brown Hill Community Newsletter and Directory Committee
newsletter@brownhill.vic.au
brownhill.vic.au/newsletter/

Brown Hill Traffic Issues

Recently, representatives from the Brown Hill Progress Association, Woodman's Hill Secondary College, Caledonian Primary School and local residents who had expressed concern about traffic issues in Brown Hill, were invited to attend a meeting with Juliana Addison MP and the Acting Regional Director of the Department of Transport, Angela Daraxoglou.

Of key concern was the traffic congestion along Water Street, Brown Hill, between Woodman's Hill Secondary College and Caledonian Primary School, particularly around school drop-off and pick-up times.

Both school principals attended the meeting, highlighting the need to ensure students who want to be able to safely walk, ride, scoot or skateboard to school.

Local residents in the meeting explained an associated issue, being that some vehicles

travelling along Water Street cut down either side of Caledonian Primary School to get to Humffray Street North, for an alternative route into central Ballarat. This not only increases traffic in the school zone but also adds to the already significant flow of traffic along Humffray Street North.

Kat and Jerome, Brown Hill residents said, "We are thankful for the opportunity to convey our concerns and understand that a collaborative effort is required. However, we are also eager to see some tangible progress sooner rather than later."

An immediate outcome of the meeting was to connect with the local Victoria Police to suggest additional visible presence in the area around school drop off and pick up times.

We will report on feedback from the Department of Transport when it becomes available.

Local resident Louise said, "I am grateful for the opportunity to be involved in such a robust discussion and hope that our community can get some great outcomes for local road safety."

Thank you Juliana and Angela for spending time listening to our concerns.

Sarah Greenwood-Smith
Brown Hill Progress Association

Silver Sponsor



7 Sawmill Close
Brown Hill
0434 522 477

Brown Hill Progress Association

From the Secretary's desk

Brown Hill Post Office update

First of all, a big thank you to all the people of Brown Hill who made the effort to sign our petition regarding the return of a Post Office service in our suburb. We sent a letter of "please explain" and our petition response to politicians both local and federal, local councillors and every level of management that we could find at Australia Post.

We have had a very good response via mail and phone calls. The most important from State and regional managers of Australia Post who have informed us about the 'Expressions of Interest for the Management and Premises for an Australia Post branch in the suburb of Brown Hill'. This advertisement appeared online and in national and local newspapers in early June. The major sticking point for the return of the service is the provision of an appropriate building to house the Post Office.

Silver Sponsor



Come and see us today for all your heating, cooling & hot water needs.
1107 Latrobe st Delacombe 3356
Tel. 5336 0000



Let's all keep our fingers crossed for the right people and building to become available. Read more about this on p.5.

Historical Photo Collection

The Brown Hill Progress Association (BHPA) has always had an interest in documenting the historical aspects of the Brown Hill area. We are currently attempting to collect copies of photos of old Brown Hill, especially buildings and businesses. If you have any photos you are willing to share, please contact us: bhpa@brownhill.vic.au or 0409 018 867.

A big thank you to Roy and Marlene Littlehales for sharing photos, stories and a morning with me a couple of weeks ago. This is the start of a collection that we will collate and hopefully have for viewing at the Brown Hill Hall in the future, as well as uploading to the State Library 'Trove' website for lifetime preservation.

BHPA and City of Ballarat

The BHPA recently had a lengthy

meeting with Councillors Peter Eddy and Belinda Coates and Natalie Robertson, the Director of Development and Growth for the City of Ballarat. Discussions revolved around the Housing Strategy Plan for Brown Hill/Ballarat, traffic management and the future for the Brown Hill Reserve and Swimming Pool. We hope that this type of meeting will become a regular gathering, held a couple of times a year, so we can all stay in the loop of what the future holds for our community.

We thank the two Councillors and Natalie for accepting our invitation and giving their time. We look forward to much more dialogue in the future.

Defibrillators in Brown Hill

The Brown Hill Progress Association is compiling a list of Automated External Defibrillators (AEDs) around Brown Hill. If your business or organisation has an AED which could be used in the case of an emergency, please get in touch. Please also register it on the Ambulance Victoria website. We will report back to the community in a future edition.

Contact: Brendan Stevens, Secretary,
Brown Hill Progress Association
0409 018 867
bhpa@brownhill.vic.au

Mineshafts

For decades, several uncovered mineshafts have lain hidden atop the hill behind the Brown Hill Reserve and Hotel. They have been covered by branches, gorse and blackberry bushes, disguising the danger only footsteps away from local walking tracks.

With the recent clearing of the Monte Cristo Parkland and the reserve up on the hill, these mineshafts have become a potential threat to the safety of children, walkers and cyclists alike, not to mention dogs and wildlife which could easily stumble into the depths and suffer serious injury or worse.

Thanks to the persistence of residents and users of the tracks, the Victorian Department of Environment, Land and Water Planning (DELWP) has recently filled in four of the largest mineshafts and have plans to return soon to cap off several smaller ones.

The issue of these shafts had been raised numerous times with the Council. The team at DELWP have been proactive and helpful, stopping to chat with local passers-by and keeping in touch with the residents who reported the issues, to keep them informed.

Silver Sponsor



Come and enjoy our user friendly golf course and bowling green, open to people of all ages, backgrounds and abilities.

PH: 03 5331 3691
Email: mtxaviergolfclub@bigpond.com
118 Fortune Street, Ballarat VIC 3350

GOLF DEAL
18 holes of golf for
two people with a
shared cart
\$80

Find us on 

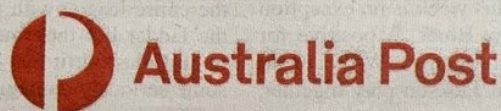
The Brown Hill community sends their heartfelt thanks to all those at DELWP who have been involved.

It is also a timely reminder for both long-time and new residents to take care when using the bush tracks. Not only are there uncovered mineshafts in the area, but also dumped cars and rubbish and some anti-social behaviour in the bush areas.

You can report illegal littering to the City of Ballarat:
forms.ballarat.vic.gov.au/ReportIssue

Most importantly, enjoy the beautiful environment we are so lucky to have within walking distance of Brown Hill.

Louise Jones, Lead Writer



EXPRESSIONS OF INTEREST

Australia Post is seeking expressions of interest for a Licence to operate a fixed term Licensed Post Office in Brown Hill.

The potential Licensee will need,

- Experience in managing a small business
- Ability to provide high level customer service
- Good interpersonal and leadership skills

The successful applicant will be required to operate the Licensed Post Office in suitable premises, either owned or leased, preferably in conjunction with a suitable business, in Brown Hill.

The successful applicant will be required to provide an entity that can operate the Licensed Post Office in accordance with the terms and conditions of the Licensed Post Office Agreement.

For further information or to request an information pack please email robert.bensted@auspost.com.au

Expressions of interest must be received by 5pm Friday, 2nd July 2021.

Brown Hill Post Office

Thank you Australia Post for the very positive step confirming the Brown Hill Post Office is a priority by advertising for Expressions of Interest (EOI) in local newspapers. The initial contract is for three years.

Local interest around the return of the Brown Hill Post Office with the Courier article and the WIN News interview on 4 June 2021, are great for our community.

We look forward to strong interest from prospective business owners for a new Brown Hill Post Office.

Andrew Johnson
Brown Hill Progress Association

Wattle Flat Pootilla Landcare Group

Community Volunteer Action Grant

In 2018 the Wattle Flat Pootilla Landcare Group secured funding for the Community Volunteer Action Grant (CVAG) as part of the State Government's Biodiversity on-ground action program.

Our aims of the grant were to:

1. Engage and educate the community.
2. Collect and map data of significant roadside vegetation in the Wattle Flat Pootilla area.
3. Protect and revegetate a total area of 1.5 ha along Fellmongers Creek (an important tributary to the Gong Gong Reservoir).

1. Engage and Educate

Our 'Wildflower and Eucalyptus ID' walks at Slaty Creek have been extremely well received. We have thoroughly enjoyed introducing people to the beauty of our local bush. We are hoping to continue these education sessions in the future.

Advertisement

Catherine KING MP
Federal Member for Ballarat

03 5338 8123

Catherine.King.MP@aph.gov.au

CatherineKingMP

@CatherineKingMP

Standing up for our Community!

www.catherineking.com.au

Authorised by Catherine King, Australian Labor Party, 5/9 Sydney Avenue Barton ACT.



2. Significant Roadside Vegetation Assessment

Our landcare group commissioned local naturalist, Roger Thomas, to identify and document significant roadside native vegetation in the local area. He collected data on features such as tree species, health and approximate age from 15 roadsides. This data will be compiled into a document for future reference and to educate members, landholders in the area and the broader community.

3. Fellmongers Creek

This year we completed our fifth and final planting along Fellmongers Creek, adding a whopping 3000 plants to the area overall! Michelle and her family have reported an influx of wildlife including frogs, snakes and birds. Fellmongers Creek flows directly into the Gong Gong Reservoir and the combination of plantings and stock exclusion will greatly improve the water quality and environment.

Jump on our Facebook page: 'Wattle Flat Pootilla Landcare Group' to keep up to date with our news and events!

facebook.com/wfplg

Kate Martin

Wattle Flat Pootilla Landcare Group

YourGround

Statistics show that movement and access is restricted for women and gender-diverse people due to fear, violence and harassment. While 80 per cent of Australian men report feeling safe while walking alone at night, a 2019 Community Council for Australia report notes that only 50 per cent of women say the same.

With the implementation of Victoria's Gender Equality Act 2020, creating inclusive spaces for women and gender-diverse people is a priority state-wide.

A new interactive map, YourGround, will map local streets, parks, trails and recreational spaces, collating and sharing the often-hidden experiences of safety for women and gender-diverse people when accessing sport and recreation in Victorian towns.

The map allows users to anonymously mark a point, tell a story or share an experience while out for leisure, sport, exercise or play.

yourground.org

Information sourced from the City of Ballarat through a media release

Advertisement

Water Street Café
Serving Coffee, Hot Chocolate, Chai,
Cold Drinks, Hot and Cold Food



6.00 - 11.00 am Monday-Friday
7.00 - 11.30 am Saturday

EFTPOS / Order on Skip App
Gluten Free and Vegan options
69 Water Street, Brown Hill

Brown Hill Mobile Phone Signal Survey Update

You may recall the Brown Hill Mobile Phone survey that was coordinated by the Brown Hill FireAware Network in October/November last year. The survey sought input on the strength of mobile phone signals from residents in the Springs Road and surrounding areas.

As advised in the December newsletter, we estimated there were around 350-400 houses in the area with new builds commencing every week. The survey was targeted in this area as many residents have complained about the poor or non-existent mobile signal inside and around their homes for many years. We were pleased to have 168 people complete the survey.

Some major survey outcomes were:

* 159 respondents indicated that

the mobile signal in their home was either non-existent or poor (1 bar of signal strength).

* 141 gave one of those same responses when answering about mobile signal outside their house on their property.

It's disconcerting to see that Telstra's Mobile Coverage web page (telstra.com.au/coverage-networks/our-coverage) indicates that all of Ballarat, including the Springs Road area, has full 4G coverage. The website has a proviso (there's always an out-clause) that some areas' signal may vary due to geographic features (hills, gullies etc.) or based on the phone you are using.

We believe that this poor signal issue is spread over a large area and a large number of households and needs to be publicised and addressed.

After some delay, the report will be finished by the time you are reading this newsletter. We are currently making appointments with our Local, State and Federal representatives to provide them

with a copy of the report and seek their support in lobbying for upgraded mobile signal in the affected area.

Many thanks again to all residents who took part in the survey. Also, a big thank you to Ben Harrap, a new resident in Brown Hill, who answered our request for help. Ben, with his data analysis skills, collated the survey data and wrestled the results into some very useful and understandable graphs and tables, a whole lot easier than we would have managed.

We will give a further update in the future after meeting with the various stakeholders who hopefully can assist in resolving this issue.

Full details of the survey can be found on the Brown Hill FireAware Network website: pleanetwork.com.au/brown-hill-community-fireaware-network/

Hazen Cleary, Brown Hill Community FireAware Network

Bronze Sponsor



Boarding Kennels & Cattery

Marie
(03) 5334 7455

mobile: 0438 689 297
email: marie@dazzlindoggie.com.au
231 Melbourne Rd,
Ballarat, Victoria 3350

"Where your pets are loved"
www.dazzlindoggie.com.au

Bronze Sponsor

New Ballarat-Based TUTORING SERVICE

**Professional tutoring in
Reading, Spelling and
Maths**

0417 593 416

**cornerstone-
learning.com.au**



**Cornerstone
LEARNING**
Improving Learning with Strong Foundations

Bronze Sponsor



Winter in Ballarat is a great time for Soup... and we've got the perfect Soup companion in our Twisted Delights!

We have 4 great varieties baked fresh everyday – Cheese & Bacon, Sweet Chilli, Chive & Garlic and Spinach & Fetta.

As a special offer, present this coupon at our Bakery, purchase a Twisted Delight, and we'll throw in any block loaf up to the value of \$5.00 for FREE.

Simply bring in this coupon to redeem the offer.

*Available for a limited time only.
Shop 6, 73 Victoria Street,
Bakery Hill Shopping Complex
Valid at Bakers Delight Bakery Hill only.
Subject to availability. Limit 1/customer/day.*



End of an era for the Brown Hill Lioness Club

Sadly Lions Clubs International (America) has decided to disband Lioness Clubs throughout the World, with all Clubs to close from 30 June 2021.

However, the Brown Hill Lions Club, along with the ladies from the Lioness Club, will continue to support the Brown Hill community when needed.

The Brown Hill Lioness Club was formed on 16 June 1985 with 14 members. Over the years we have had many ladies come and go and membership has remained around 12. Wonderful friendships were made.

Over the years we have given help in many ways to many people, either with money or goods. We always supported the 3BA Christmas Appeal and each year we gave blankets and knitted children's jumpers and beanies to the Winter Relief Appeal. We have been supportive of the Brown Hill Kindergarten and the Caledonian Primary School. For many years we supplied emergency toilet packs to the Ballarat Health



Lioness President Raelene Drew presents Gayle Elsey with \$500 cheque for Fiona Elsey Cancer Research Center. Lioness members Raelene Drew, Pam Prebble, Lynne Jelbart, Cheryl Cole, Kath Button, Glenis Davis, Mary Jolly and Rita Theodore with Gayle Elsey.

Service for people who were hospitalised unexpectedly. We donated goods to the Soup Bus and the Shower Bus and always supported fire and flood relief just to name a few. Our funds came from raffles, sausage sizzles and catering. We catered for our Lions fortnightly meetings and were always available to help them whenever needed.

We would like to thank the public for their wonderful support over the years and hope they will continue to give that same support to the Brown Hill Lions Club.

*Kath Button, Secretary,
Brown Hill Lioness Club*

Brown Hill Senior Citizens Club

The confusion and concern over COVID-19 has seen many members as yet return to the Club. Feedback has shown that the second 'jab' will give them more confidence to be out and about.

On Wednesday 23 June, 20 members will enjoy a Club-subsidised lunch at The Red Lion, July will be a movie with lunch.

Our usual euchre, indoor bowls and the first Monday in the month Hoy, Bingo and Community Singing.

Where: Brown Hill Hall, 375 Humffray Street North, Brown Hill

When: Monday afternoons, activities commence 1.30 pm - 3.45 pm.

*Dianne Eden, President
Brown Hill Senior Citizen's Club
5331 1769*

Advertise

This is a well-respected, successful community engagement project. For advertising and sponsorship opportunities, please contact us: newsletter@brownhill.vic.au

Ballarat Community Garden

From 20-26 June 2021, it is Refugee Week.

I am amazed and heartened by the cultural diversity of the gardeners at the Ballarat Community Garden. I too came to Australia firstly as a short-term visitor, then as a long-term resident. I have never thought of myself as a migrant ... but that is what I am.

I was lucky enough to have the choice to live here but the pull of home can be very strong, even now after many years. It is the pull of family, friends, familiar

Gold Sponsor

childhood places and memories.

I cannot imagine what it must be like to have fled the one place that should be your safe haven because of life-threatening terror. To endure the horrific ordeals that some refugees have experienced is beyond comprehension. Their prospects of seeing loved ones or familiar places again are totally gone. The adjustment to new surroundings, different cultural norms and everyday experiences is enormous. They are incredibly brave and resilient.

Ballarat is fortunate to have an organisation that is dedicated to doing whatever it can to assist refugees and migrants to settle into their new life. Please support the Ballarat Regional Multicultural Council to continue their

important work by going to their regular Market Days. See: brmc.org.au

Make welcome in your daily life those people who have decided that here is a good place to live. When we can travel safely again, I shall be giving thanks that I am able to see my family, friends and familiar childhood places. Never again will I take luxury for granted.

In the meantime, gardening is a multicultural activity. Sharing knowledge and skills unites us in the nourishment we all need for body and soul.

Happy gardening!

*Sheilagh Kentish, Ballarat Community Garden, 0417 347 395
sheilaghkentish@hotmail.com*



MAXJRE Real Estate provides a new alternative and boutique personalised service to sell residential, lifestyle & commercial properties in Ballarat, Daylesford, Glenlyon, Ballan, and the surrounding regions in Victoria. If you're thinking about selling contact Andrew for a confidential discussion about your real estate needs.

MAXJRE Projects works with developers, investors and partners to provide solutions for Housing & Land Developments, Health Care, Aged Care, Hotels, Motels, Student Accommodation and Offices.

MAXJRE Hospitality provides FF&E Solutions, Procurement, and WooHoo Digital Contactless Voice Assistant Solutions for new projects and refurbishments, such as Hotels, Motels, Student Accommodation, Serviced Apartments and Gaming Operations.

"We would highly recommend Andrew when you consider selling or buying your next home/property"
Merrill & Terence (Vendors)
Longs Hill Road, Brown Hill

Call Andrew on **0473 207 988** for an appraisal, listing, confirm an appointment or to help with a solution.

Solutions for you

Andrew Johnson, MEI, MBA
Managing Director MAXJRE, Licensed Estate Agent 📞 0473 207 988
✉ andrew@maxjre.com 🔗 <https://www.linkedin.com/in/andrew-johnson-8435092/>



Born in Melbourne, raised in Mt Beauty and then Ballarat, **Andrew Johnson** has spent more than 30 years in senior management in Australia and worldwide. His Real Estate career started in Australia in 2006 and in 2010 he moved to Hong Kong to set up a new business selling Australian, Luxury and International properties. In 2014 he also became a partner in a dynamic high end furniture manufacturing business providing customised procurement solutions for the Gaming, Hospitality, Resorts, Corporate & Residential Industry worldwide. Returning to Ballarat in 2019 to live with family, the MAXJRE boutique real estate business is all about personalised service, community and helping guide our customers to a solution that builds trust, long term relationships and generates referrals for sustainable growth. Visit: maxjre.com

Caledonian Primary School

From the Principal's Desk

To the Brown Hill Community,
I would not have predicted

another lockdown this term. It really seemed like everything was going so well! Once again we have had some disruption in the term and while a few weeks were challenging we can be proud of our staff, students and families for the manner in which they adapted.

While we all crave “normal”, we are not quite there yet as the current outbreak and restrictions have shown us. This does not mean we can’t continue to grow and develop!

Caledonian Primary School is experiencing significant change. We have reviewed and are in the process of redesigning the approaches we implement in writing and reading with explicit comprehension instruction and a sequential approach to the teaching of writing.

NSW Government’s Centre for Education Statistics and Evaluation (CESE) reviewed all elements of the National Assessment Program – Literacy and Numeracy (NAPLAN) and found that Year Nine writing results were one of the strongest indicators for success in Year 12, a stronger indicator than many other NAPLAN areas.

At Caledonian Primary School we recognise the importance of writing and developing the skills to communicate in print. This year we have taken significant steps to improve our practice in teaching writing at all year levels.

Although Year Nine NAPLAN may be a long way from Grade Two, we are all committed to every child’s education and ensuring that our



Ballarat Wholefoods Collective

Terrarium Workshop Fundraiser for Sidinda Health Clinic BYO Vessel August 1st. \$60

<https://www.trybooking.com/BSGGS>

Bronze Sponsor

<h3>RCC COMMERCIAL CLEANING</h3> <p>FOR ALL YOUR WASHROOM & CLEANING SERVICES:</p> <p>REECE CARTER PHONE: 0402 660 836 RCC2CLEAN@GMAIL.COM</p>	<h4>WASHROOM SERVICES</h4> <ul style="list-style-type: none"> ✓ SANITARY BINS ✓ NAPPY BINS ✓ AIR FRESHENER ✓ URINAL BLOCKS ✓ HAND SOAP ✓ DISPENSERS ✓ CONSUMABLES <h4>COMMERCIAL CLEANING</h4> <ul style="list-style-type: none"> ✓ WINDOW CLEANING ✓ GENERAL CLEANING
--	---

“Proudly Locally owned and operated”

Advertisement

LIFESAVING
EDUCATION
by Paediatric
Critical Care Nurses



CPR, Choking,
burns, bites, stings,
poisons, head
injuries,
seizures, rashes +
more..



**24th July
or
7th August
9am-12:30pm**
(private group
courses available)



Ballarat Family
health care,
Howitt st
Ballarat



\$90 pp

PAEDS
FIRST AID



book here

www.paeds.education | 0437251091

students are fully prepared to the best of their, and our, ability. The sense of responsibility does not end at Grade Six. We are providing the foundation to the educational opportunities for every student who comes through our doors.

Something we don't often talk about is playtime. Twice a day, totalling around five hours a week, our students spend time in play. One of the big changes this year is the amount of play equipment we are getting into the yard - balls, skipping ropes etc. We have also seen improvements to court surfaces and the fixing of multiple "mud pits" around the school.

The impact we are seeing with kids is opportunities for them to build resilience and problem-solving skills. I know it may not be ideal having your child come home covered in sand, but the cooperative play in the sandpit is wonderful. The digging of tunnels together, making tracks and imaginative games all contribute to children's development.

Kids are organising games, imaginative and sporting, with each other. Negotiating rules for certain ball games with some "robust" discussions is important. As adults we need these skills! Skipping ropes make great horse



Caledonian Primary School students enjoying the sandpit. Image supplied.

harnesses, the rocks at the playground keep you protected from lava and tiggly over the 6.5 acres of space means it's really easy to get away!

On this topic I would like to remind our community about the Brown Hill Playgroup that operates on site here at Caledonian Primary School. Every Wednesday morning between 9.00 am and 11.00 am all babies and preschool children and their parents/carers are welcome. Being at home with young children can be an isolating experience. Playgroup can be as much for grownups as it is for the children! Cost is gold coin

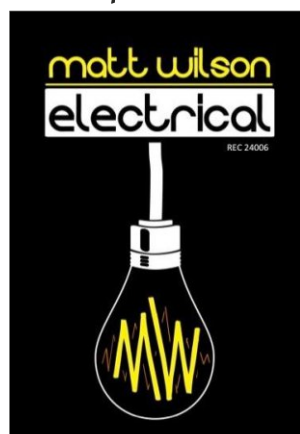
donation and you can contact us on 5332 6955 for further details.

As we approach another holiday period we hope everyone has a safe break. To all the grandparents out there who will be taking on some childcare duties, good luck and remember it's only two weeks!

Prep enrolment interviews are still available. To arrange a time please call 5332 6955.

Ben Moody,
Principal, Caledonian Primary School
5332 6955
caledonian.ps@education.vic.gov.au
caledonianps.vic.edu.au

Bronze Sponsor



Matt Wilson Electrical Co. is dedicated to providing great service for all your electrical needs. No matter how big or small we have you covered!

0414 933 394
mwelec@outlook.com
facebook.com/mattwilsonelectrical/

Bronze sponsor



If it leaks, we'll fix it
N.V. POLLARD
PLUMBING

**Prompt
& Reliable
Service**

Neil Pollard
0484 002 533
4333 8065
nvpollard@gmail.com

Woodmans Hill Secondary College

From the Principal's desk

What appears more and more apparent to me, as I develop as a principal, is that everything we do in schools is an investment in our own future.

When I look back on my own time at school, and, granted, often through rose-tinted spectacles, life seemed a lot simpler then with challenges that did not seem so overwhelming. There may have been limited choices but the world seemed to move at a pace that was easier to keep up with and it felt that there was greater certainty and stability.

The world of our current students seems light-years away from those simpler times and I marvel at their capacity to be agents of change. From the environment to equality, from the Arts to Science Technology Engineering and Maths (STEM), we have some fierce leaders who are prepared to stand up for what they believe in. Whilst any positive movement for change requires its leaders, of equal importance are those who stand by their side and support them.

At Woodmans Hill Secondary College, we have a thriving school leadership program that is providing a wide range of opportunities for students to change hearts and minds and help their school be the type of school of which they can feel proud to belong. Whilst we have had strong leadership banging the drum for positive change, we have had our



whole school get behind them to offer support.

Woodmans Hill students are incredibly socially aware and are prepared to fight for a world that is accepting of others; that understands that we are all different but the same... our students want to come to a school that is compassionate and caring. The events our students have organised in this first half of the year have been inspiring and have mobilised their community to make a stand regarding topics that matter to them.

Highlights so far have been every member of our school community who identifies as female gathering on the oval to celebrate International Women's Day. Another stand-out moment was the whole school (wearing the colours of the rainbow) gathering together for IDAHOBIT Day#- the international day to stand against LGBTQIA+ discrimination.

Both of these events were nominated and planned for by our students and reflect their deep commitment for equality for all. I am so proud to lead a school in which its students are prepared to make a difference on behalf of others and who insist that we create a world in which no one has

to feel victimised for who they are. It is important to have leaders who can inspire but there is real power when a whole community comes together and stands as one.

Term Three will see student voices become more vocal, with our Victorian Certificate of Applied Learning (VCAL) students combining with our First Nations students to run five days of events to celebrate NAIDOC Week*. Although NAIDOC Week falls within the school holidays, our students and staff felt the passionate need to acknowledge the importance of embracing First Nations' cultural knowledge and understanding of Country. For our community, NAIDOC Week is seen as part of Australia's national heritage and an opportunity to equally respect the culture and values of Aboriginal peoples and Torres Strait Islanders, as we do the cultures and values of all Australians.

This term, all staff completed CUST (Cultural Understanding and Safety Training) and under the guidance of our First Nations School Leader (Trish Fox) we aim to raise cultural awareness and levels of cultural safety at Woodmans Hill so that we can move forward as one community.

The school continues to improve its facilities and we are really excited about finding ways to create a better learning environment for our students. Unlike many other high schools, Woodmans Hill has not benefited from a significant financial investment, so we need to be creative and do the very best with what we have. The recent installation of solar panels to enable us to move towards greater

sustainability is a concrete example of investing in our future. However, the thing that will provide the greatest return in the future will be our investment in our students for they have the capacity to change our world for the better.

Stephan Fields, Principal
Woodmans Hill Secondary College
5336 7264
woodmans.hill.sc@edumail.vic.gov.au
woodmanshill.net.au
Fussell Street, Ballarat East

*** NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC originally stood for 'National Aborigines and Islanders Day Observance Committee'.**

IDAHOBIT Day is the International Day Against Homophobia, Biphobia, Intersexism and Transphobia

Interviewing, writing and editing

We need volunteers to help interview, write and/or edit articles. There are so many great stories. Please contact us if you are interested:
newsletter@brownhill.vic.au

Little Bendigo Primary School

Hello Brown Hill Community,

Sometimes when I chat with people, they get a bit confused as to where our school is located. That's understandable when I tell them that Little Bendigo Primary is not in Bendigo but actually in Ballarat. Then I have to explain that, well, technically we are in Nerrina, a small suburb of Ballarat. Somehow, our mail gets to us!

We do have a small sign on the corner of Chisholm and Lofven Streets to help people find us. I used to tell people to follow the sign at the bottom of tip hill, but not anymore. People who live on the other side of Ballarat would get confused about which old tip and think our school is in Mount Clear!

With Google Maps it's a bit easier to find us. Just get directions to 8 Monte Street, Nerrina.

Our school was named after the Little Bendigo gold diggings. Our old brick building was constructed in 1878 – we still use it every day for Music, Respectful Relationships and Chinese.



Buddy reading at Little Bendigo Primary School. Image supplied.

We have new buildings too! Four classrooms, a new library and the Shedatorium. The Shedatorium is as unique as our name and houses our Art room and onsite Out of School Hours Care – aptly named Club 1878.

We also have an artificial turf oval, playground, sandpit, basketball court and our two famous slides!

We are now taking enrolments for 2022. If you would like to visit our school, see our engaging learning programs and hear why our students love Little Bendigo Primary, please phone our school office on 5332 6317 to arrange a tour.

Yes, you can have a go on the slides as well!

Anthony Tait
Principal, Little Bendigo Primary School
5332 6317
little.bendigo.ps@education.vic.gov.au
littlebendigops.vic.edu.au

Advertisement



Juliana Addison MP

LABOR MEMBER FOR WENDOUREE

17 Lydiard St Nth, Ballarat VIC 3350

P: 5331 1003

f JulianaAddisonMP

t @juliana_addison

i julianaaddison



Authorised by J Addison, 17 Lydiard St Nth, Ballarat. Funded from Parliamentary budget.

Bronze Sponsor



0417 370 312

WWW.BALLARATTREWORKS.COM.AU

YOUR TREE CARE & MAINTENANCE PROFESSIONALS

Our local Neighbourhood Houses



Ballarat North Neighbourhood House

The Ballarat North Neighbourhood House is open and looking forward to Term Three: Monday 12 July to Friday 17 September. It has been wonderful to see many familiar faces and to meet so many new members of our community.

We design programs to provide connection, community and opportunity for people across our city to learn new things.

The Ballarat North Neighbourhood House staff and tutors are having a break for part of the school holidays from Friday 2 July until Monday 12 July.

socialplanet.com.au/at/ballarat-north-neighbourhood-house

Information is updated regularly with new and free classes. Please contact Alison with questions or to register for classes.

Pro Create and Real Watercolours: Combining Hand Painting with Digital

Wednesday 14 July
9.30 am - 1.00 pm

\$50.00 per person (Includes two tutors

and materials for water colour)

Who says you have to choose one or the other, the iPad or painting with watercolours?

iPhone Basics

Tuesday 20 July
9.30 am - 12.00 noon
Free

Starting from the basics, we go through the key features and apps on your iPhone, focussing on the things that we know are important to those who are new to the iPhone and perhaps even new to technology in general. We move at a very relaxed pace, so that you have time to ask questions and be sure that you have understood the things that we are covering.

iPad App Pro Create Next Level up

Wednesday 21 July - 18 August
9.30 am - 12.00 noon
\$55.00 per person

This class is for you if you have a general understanding of Pro Create Apple App and would like to learn more. Build on your skills and learn how to use Masks, using Layers in depth, creating your own Brushes and design your own greeting card. People with a basic knowledge of Procreate are very welcome or you can always enrol in Level 1 (Thursdays 12 and 19 August).

QR Code on your iPhone or Android Phone

Tuesday 27 July
11.00 am - 12.00 noon
Free

How do I download the QR Code scanner, what is it and how do I use it?

Join us at the Neighbourhood House to learn all about this new way of doing things

QR (Quick Response) Scanner is an

essential QR reader for every Android or iPhone device. Under new state government rules, customers have to sign-in with the state government's QR code check-in App, Service Victoria.

Previously it was only recommended that people check-in at retail settings if they stayed at a venue for more than 15 minutes. Now it is everyone and every place you go to.

Attend the class before about Passwords from 10.00 am - 11.00 am.

What is Apple ID & Password & What is Android password & Play store Password?

Tuesday 27 July
10.00 am - 11.00 am
Free

Every time you want to download an App or change something on your device you need your ID & Password. The Google Play Store app comes preinstalled on Samsung devices and the Apple ID and password are required to set up all Apple devices. You need the Google Play Store if you want to install most apps on an Android device. You will need Apple ID and password to do the same on your Apple device. Both of these functions are important for you to access and get the best from your device.

To find out more or to book, visit: socialplanet.com.au/at/ballarat-north-neighbourhood-house or call Alison on 0491 753 307.

Alison Demuth
Co-ordinator, Ballarat North
Neighbourhood House, 0491 753 307
Alison.Demuth@salvationarmy.org.au
6 Crompton Street, Soldiers Hill
Tuesday to Friday: 9.00 am-3.00 pm



Ballarat East Neighbourhood House

After a break over the school holidays, the Ballarat East Neighbourhood House staff and volunteers will be back four days a week for Term Three from Tuesday 13 July.

There are lots of great ways to get involved, contribute and connect with others. We can help you learn a new skill and (for eligible concession card holders) apply for the \$250 Power Saving Bonus.

Tuesday Playgroup in partnership with the Ballarat Toy Library

** 10.00 am - 11.00 am during school term*

** Adjacent to the 'A Pot of Courage' cafe, Barkly Square, Ballarat East*

Come and join Fiona and loads of other local families for this informal playgroup. Toy Library toys abound and there is much chatting and laughter (even a bit of pretend pirate play some days). All welcome. Free of charge.

Chatty Wednesdays in partnership with A Pot of Courage Cafe, Barkly Square

** 9.30 am - 10.30 am during school term*

Recently joining the 'Chatty Cafe' network, one large table at 'A Pot of Courage Cafe' at Barkly Square, Ballarat East, is now allocated as a

'Chatty Table' on Tuesdays and Wednesdays from 9.00 am - 11.00am. To keep conversations flowing, the Ballarat East Neighbourhood House team host Chatty Wednesdays from 9.30 am - 10.30 am every Wednesday during school term.

Join us for a chat and, if paying for a cuppa is tricky for you, you're welcome to use a free voucher from the new 'Pay it Forward' wall.

Seven beautiful postcards have been designed by three talented local artists. The postcards can be purchased for between \$5 and \$16, a note written on them and then they are made available on the 'Pay it Forward' wall. Those in need can use one of the cards to purchase a hot drink, snack or meal and keep the postcard to make them smile. A super idea!

Tai Chi Classes at Eureka Hall, Stawell Street North \$8-\$12/class

Our Tai Chi classes run on Tuesdays and Thursdays from 10.00 - 11.00 am at Eureka Hall with Jeni. A four-week pass for weeks Two to Five in Term Three will be available online from Tuesday 13 July. Classes can also be purchased individually.

Stay up to date

We are working on some new classes and activities for Term Three and beyond. To stay up to date, join our e-news list and follow us on Facebook. If neither of these options are available to you, please give us a call!

Booking Activities

All of our classes/activities run during school term and can be booked online or with cash.



\$250 Power Saving Bonus

Helping households access \$250 towards the cost of living

Community members experiencing financial stress can apply for the State Government's \$250 Power Saving Bonus through neighbourhood houses.

The Power Saving Bonus provides eligible Victorians with a one-off \$250 payment to assist households with the cost of living during the pandemic.

To target eligible community members and ensure they are supported in accessing this bonus, the Department of Environment, Land, Water and Planning has engaged Neighbourhood Houses Victoria in partnership with Good Shepherd.

To get help with your bill, please contact one of the four Ballarat Neighbourhood Houses to make an appointment.

You will need a recent power bill, your concession card and your bank details.

We look forward to seeing you soon!

*Sarah Greenwood-Smith, Manager,
Ballarat East Neighbourhood House
Barkly Square, 25-39 Barkly Street,
Ballarat East
0422 612 052*

*reception@ballarateastnh.org.au
facebook.com/BallaratEastNH/
ballarateastnh.org.au*

9.00 am - 5.00 pm Tuesdays to Fridays during school term



Brown Hill Uniting Church

Thought for the month

*"I wait for the Lord, my soul waits,
and in His word I put my hope."*

Psalm 130:5

Worship services at Brown Hill Uniting Church

Combined Services

The Brown Hill congregation will be joining the Neil Street congregation for a combined Mid-Winter service at Neil Street Uniting Church at 10.00 am on Sunday 18 July. Corner of Neil Street and Lydiard Street North, Soldiers Hill.

We shall also be joining with Skipton Street for a Chaplaincy Sunday service at Skipton Street Uniting at 10.00 am on Sunday 22 August. Corner of Skipton Street and Yarrowee Parade.

There will be no worship services at Brown Hill on those two Sundays.

Sunday morning worship is at 10.00 am

Led by a variety of Lay Worship Leaders and an accredited Lay Preacher. Holy Communion is on the fourth Sunday of the month.

When there is a fifth Sunday in the month we join in worship at

Central Uniting Church in Lydiard Street South at 10.00 am.

With spatial distancing we can fit 40 people in the church so there is no need to book in at present and 2 or 3 visitors are welcome.

Ballarat Churches Midweek Communion is on Wednesdays at 1.30 pm

In the Church Hall, with Central Uniting Church. Led by Rev Lauleti Tu'inavai from Central Uniting Church, Rev Bill Clark or Lay Preacher Jim de Jong assisted by other Lay Worship leaders.

With a capacity of 32 people in the hall, there is no need to book in and visitors are welcome.

On-line Worship

Our accredited Lay Preacher, Jim de Jong, continues to offer a weekly on-line worship service and other resources on his website:
dejongs.id.au/home/church.
Ballarat Central Uniting Church offers live-streamed services each Sunday at 10.00 am. Search online: Ballarat Central Uniting Church

Ballarat Regional Healthcare Chaplaincy are providing a half-hour Chapel Service aimed at those in hospital, Aged Care or isolated at home. Leaders are members of the Chaplaincy Committee and Ballarat Uniting Churches. This will now be recorded at the Chaplaincy centre and available to watch on Wednesday each week. Visit:
ballaratchaplaincy.com.au.

Support of Uniting Ballarat (formerly UnitingCare Ballarat)

We are continuing our support of the daily lunchtime Breezeway meals program and our collection

of groceries for their welfare program in support of struggling families. Non-perishable food items are always welcome.

Uniting emergency relief services remain open for those in need of essential food and toiletry items. With the continued help of volunteers and frontline staff, community meals programs have kept going with nutritious free lunchtime meals available from Uniting on the corner of Dana and Albert Street in the Ballarat CBD.

Use of our buildings

We are a registered organisation with separate Service Victoria QR codes for the Church area and the Op Shop. Our premises have been sanitised and we maintain contact registers for those users unable to register digitally. Hand sanitiser and cleaning equipment is available and each area is wiped down after use. Spatial distancing dictates the numbers allowed.

Op. Shop

Our Op Shop re-opened on 26 February and continues as normal on Thursday and Fridays from 9.30 am to 12.30 pm with COVID-19 restrictions. Entry via side door off the Humffray Street North car park, QR code entry and sanitiser hand station. The capacity is 10 people including volunteer staff. Please exit via the usual entrance.

Craft group

Craft group has started again in the church hall from 1.30 – 3.30 pm on the first and third Thursday of each month. Bring along a craft item or just come for a chat. All welcome.

*Liz Mason, Brown Hill Uniting Church
16 Thompson Street, Brown Hill
(corner of Humffray Street North)*



Original sewer construction, circa 1922. Image supplied by CHW

Ballarat Sewer Build is making progress

Ballarat's two largest sewer lines, Ballarat East and Ballarat South, were constructed almost 100 years ago and have provided a lasting legacy for our regional city. However, these sewer lines are approaching capacity and require upgrading to support Ballarat's growth for generations to come.

The Central Highlands Water (CHW) Ballarat Sewer Build is a \$25 million community infrastructure project that will duplicate these sewer lines. Over the next three to five years, the project will lay the foundation for another 100 years of wastewater service delivery to our current and future population.

Approximately 6 km of sewer pipe will be installed from Ballarat East to Ballarat South, parallel to the existing sewer. Minor repairs and pipe relining will also be

conducted on the original sewer, which will continue to operate.

Construction of Stage 1: CBD to White Flat Oval commenced in April. Stage 1 consists of approximately 1 km of pipeline being constructed through the CBD from Mair Street (south side of the rail line) along Peel Street, Eastwood Street and Anderson Street East and West, before connecting into the Ballarat South sewer system near White Flat Oval.

Ballarat Sewer Build Project Manager, Michael Dwyer, acknowledged the history of the original project and the necessity of the new sewer, saying, "The original sewer construction was built under extenuating circumstances and the sacrifices made to achieve the project were significant. The original sewer has performed beyond expectations but with Ballarat's current growth we need to improve the sewer and increase its size and therefore capacity, so it can service our community for another 100 years."

CHW is committed to keeping

construction impacts to a minimum and supporting businesses, residents and the community at every stage of the Ballarat Sewer Build.

For more information on current and future stages visit: chw.net.au/sewerbuild or phone 1800 061 514. To register to receive weekly project updates, email: sewerproject@chw.net.au

Did you know...

* A major objective of the project was to support community health, preventing plagues experienced by cities such as London. Later, the Spanish Flu was front of mind.

* Construction commenced on 6 December 1922 with the first Ballarat house connected to the system on 1 July 1925.

* Described as "boosting Ballarat", this key project employed locals, including returned servicemen and tradesmen, as well as orphans who gained apprenticeships.

* Workers' conditions were well-negotiated, capped at 44 hours per week. A 'well-paid' worker could receive the equivalent of \$3 per week.

* Since the original project, Ballarat's population has soared from 22,000 to 117,000. The original works performing beyond expectations, lasting a century and servicing a 430% population growth.

Are you a history buff?

Do you have information about the original sewer construction you could share with us?

If so, we would love to hear from you! Contact CHW's Communications and Engagement team via info@chw.net.au

Wallaby Track parkrun

At the time of writing this, parkrun in Victoria is still on a break, like many other things at the moment. Whilst it is disappointing when we are not able to run, it does make us appreciate it more when we do have the opportunity get together and enjoy the 5 km event each Saturday.

Before the most recent restrictions, we had been enjoying some fresh Saturday mornings with the temperature well down in the single-digit range. It made for some cool mornings but it was great to see so many people still coming along to join in the run or walk. Our volunteers are fantastic; they just put on an extra layer and another pair of socks and enjoy being part of the event.

With the crazy weather recently there have been a lot of branches come down on the track and lots of debris covering the paths. Thanks to a few parkrun volunteers and some friendly people from the Brown Hill Progress Association for getting out with some brooms and rakes recently to clean up the track.

Bronze Sponsor



Peter & Susan Begbie
Fully Personalised Puzzles
0408 571 101
jigsawpuzzlesaustralia.com.au
contact.jigsawpuzzlesaus@gmail.com



Terrence Morse, retiring parkrun volunteer Run Director. Image supplied.

Thank you also to Ballarat City Council for promptly sending a team out to cut up the larger branches.

Each week parkrun relies on a team of volunteers to put on events and we are constantly amazed at the team of people who come out and support our event. Earlier in the year we thanked Terrence Morse for his support as a Run Director for our event as he stepped aside from the role. Terrence has volunteered his time regularly since we first launched and he has been a great help in getting our event up and going.

Hopefully by the time people are reading this, we are back enjoying our Saturday morning runs and walks and we look forward to seeing you all there again. If you would like more information on our parkrun, please visit parkrun.com.au/wallabytrack/

Aaron and Laurinda Coulter
Wallaby Track parkrun coordinators
wallabytrack@parkrun.com

Brown Hill Cricket Club senior cricket training will commence on Wednesday 14 July 5.00 pm at Major League indoor centre.

Contact Phillip Knowles on 0407 399 971 for further information.



For Sale

10 kg bags of Potatoes

\$10.00 ea

For all enquiries and sales please contact

**Phillip Knowles
0407 399971**

This is a fundraising event ran by the Brown Hill Cricket Club



Keeping Up with the Kids

With the recent focus on our ageing population and need for more services for older people, Steve Holmes is providing something wonderful for retirees in Brown Hill.

A retired physical education teacher himself, Steve went on to study personal training. Specialising in senior fitness, he began his functional fitness classes for older adults about ten years ago. Held at the Brown Hill Hall twice a week he has a great bunch of regulars, some of whom have been with him for years and others who come and go as their needs change.

Steve describes the class as a fun, social atmosphere with the added benefit of improving balance, strength, and flexibility. He says it's about enabling older adults to maintain their lifestyle so they can do the daily things like getting in and out of the car, dodging kids on skateboards and enjoying a good quality of life.



Pictured L-R: Pam Schaper, Steve Holmes (Instructor), Di McKeegan. Image supplied.

You won't see any weights, running or jumping as all the exercises are low impact and can be done at each person's own pace or ability. Participants have a chair nearby so they can use it for seated exercises, to hold their balance or rest. No experience or commitment is needed to join in the classes, just come on the day and pay as you go.

What a great opportunity for locals to meet new friends, maintain or improve their physical abilities and keep the

mind active.

Details are below if you'd like to join in or get more information.

Older Adults' Fitness Class

50 Years +
Tuesdays and Fridays
9.30 am – 10.15 am
Brown Hill Hall
\$7.50 per class

Steve Holmes
steve@anywherepersonaltraining.com
0447 780 152

Louise Jones, Lead Writer

Bronze Sponsor



Ballarat

Shop 50, Central Square,
Armstrong Street South
Ballarat VIC 3350
(03) 5332 3400,
ballarat@theaflstore.com.au

YOUR TEAM YOUR STORE

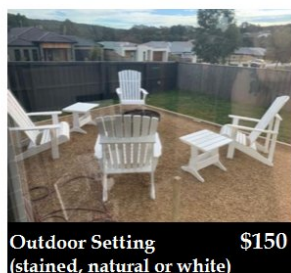
**Bar Table (stained or natural)
\$100**



**Picnic Table (stained or natural)
Large \$200 Kids (small) \$100**



**Work Bench (stained or natural)
Large \$200 Kids (small) \$100**



**Outdoor Setting
(stained, natural or white) \$150**

For Sale

For all enquiries and sales
please contact

Phillip Knowles
0407 399971



Brown Hill Auskick Crew: Megan, Ethan and Nick. Photographer: Louise Jones

Brown Hill Kids Kicking Goals

If you've ventured past the Brown Hill Reserve on a recent Friday evening, you might be wondering what the crowds are for and where the irresistible sausage sizzle smell is coming from.

Quickly becoming a community Hub, the Brown Hill Auskick club has kicked off season 2021 with almost 90 registered participants. Each Friday from 5.00 pm to 6.00 pm children participate in a round robin of football skills activities within their age groups and finish up with a mini match.

Meanwhile, parents and friends watch on, cheering and mingling over a hot soup, coffee or sausage in bread. New friendships are being forged between children and parents alike and the atmosphere is electric, even on the cold, wet nights.

Megan Wellman inherited the role of Coordinator of the Brown Hill Auskick club in late 2020, initially to be involved in her son's sporting endeavours, but also to give back to the local community. She says the pure excitement the

children display and the biggest smiles they beam when they reach new heights in their footy skills makes it all worth the effort. She is so grateful to the volunteers who help each week.

Nick and Ethan coordinate the activities each week and players from the Creswick Football Club volunteer their time to help out, as well as dozens of parents. Phil, Steve and John from the Brown Hill Cricket Club run the BBQ and there is a regular coffee cart.

Aside from improving their coordination and football handling skills, Megan says some of the benefits of Auskick for the children include boosting their social and emotional wellbeing, helping their resilience and making wonderful new friendships.

Megan says it hasn't been an easy start to the season, with COVID-19 regulations, delays in equipment deliveries and getting set up with enough volunteers. Everything has come together really well. The kids were very excited to practise

their 'speckies' on the recently arrived 'tackle bag'.

The club is looking forward to some exciting events in June, including a visit from Ballarat and District Aboriginal Co-op for the AFL's 2021 Sir Douglas Nicholls round (postponed to 25 June due to restrictions) and a session with the Western Bulldogs Roadshow, setting up their fun inflatables and running activities.

Season 2021 runs until 16 July.

For more information about Brown Hill Auskick contact:

Megan Wellman, Coordinator
0402 200 314

brownhillauskick@yahoo.com.au
[Facebook.com/brownhillauskick](https://www.facebook.com/brownhillauskick)

Louise Jones, Lead Writer



Auskick buddies, Jimmy and Cohen. Photographer: Louise Jones

Editor's note: A huge thank you to Megan for taking on this new, exciting project in tricky times and doing an amazing job of it. What a superstar! Brown Hill families with footy-mad kids are very grateful.