

# Brown Hill Community Newsletter

Edition 14, August 2018

*A project of the Brown Hill Progress Association, supported by the Brown Hill Community Partnership.*

*We are proud to walk this land with the Wadawurrung people.*



*City of Ballarat's Manager of Strategic Planning, Lisa Kendal listening to Brown Hill local residents and representatives from local organisations, at the second Local Area Plan meeting in July. Image provided by the City of Ballarat*

## Our Local Area Plan

On Tuesday 31 July the second of the Brown Hill Local Area Plan Community Working Group sessions was held at Brown Hill's Caledonian Primary School. This session began with a summary of the key issues and opportunities that were identified within the previous working group session and survey.

Results of the online survey tell us that some of the things Brown Hill residents love about Brown Hill include:

- \* Semi-rural context/big backyards/large blocks
- \* Bushland backdrop/bush and nature reserves/trees/birdlife/wildlife

- \* Walking tracks/parks and open spaces
- \* Community atmosphere/Brown Hill Community Newsletter/Brown Hill Community Festival/strong sense of community/country atmosphere
- \* Proximity to Melbourne and freeway/village within a city
- \* Sporting and community facilities (Russell Square/playgrounds/pool/kindergarten)

Results from the first Working Group meeting included a list of key issues and concerns about Brown Hill. They were:

## Diary Dates

See [brownhill.vic.au](http://brownhill.vic.au) for details.

### AUGUST

'Pick My Project' voting now open (p.3)

**Saturday 18:** 10.00 am - 1.00 pm, Fruit Tree and Rose Pruning Workshop, Ballarat Community Garden (p.14)

**Saturday 18 - Friday 24:** Children's Book Week. See: [vic.cbca.org.au/book-week](http://vic.cbca.org.au/book-week)

**Saturday 25:** 9.00 am - 4.00 pm, Brown Hill Kindergarten BBQ at Bunnings Ballarat (p.10)

**Saturday 25:** 9.00 am - 1.00 pm, August Brown Hill Market, Brown Hill Hall (p.4)

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- \* Density and over-development
- \* Loss of trees through development
- \* Lack of services and shops (no vibrant commercial centre, kindergarten at capacity)
- \* Lack of public transport
- \* Not enough pedestrian and cycling infrastructure (e.g., footpaths, bike paths)
- \* Emergency and bush fire risk (no community emergency plan)
- \* Road safety, traffic and parking including increase in traffic, safety at intersections, particularly on Water Street and on Daylesford-

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**Sunday 26:** 10.00am, 'Try Bowls Day', Bungaree Recreation Reserve (p.21)

**Wednesday 29:** 7.00 pm - 8.00 pm, Beeswax Wraps Workshop, Brown Hill Cricket Club (p.15)

## SEPTEMBER

**Saturday 1 - Saturday 8:** Adult Learners' Week (p.18)

**Sunday 2:** Fathers' Day

**Monday 3:** 5.00 pm, Applications close for City of Ballarat's Community Impact Grants (p.9)

**Tuesday 4:** 7.00 pm, Brown Hill Progress Association meeting, Brown Hill Hall (rear). All welcome

**Wednesday 5:** Plastic Flower-Making Workshop, Ballarat North Neighbourhood House (p.18)

**Monday 10:** 10.00 am - 11.00 am, Boomerang Bags Sewing Bee, Heart Space, Ballarat East (p.15)

**Monday 17:** 5.00 pm, 'Pick My Project' voting closes (p.3)

**Friday 21:** School Term Three ends

**Friday 21:** Spring Equinox

**Saturday 22:** 9.00 am - 1.00 pm, September Brown Hill Market, Brown Hill Hall (p.4)

**Friday 28:** AFL Grand Final Holiday

**Saturday 29:** AFL Grand Final

**Saturday 29:** Men's Breakfast, Brown Hill Uniting Church (p.19)

## OCTOBER

**Tuesday 2:** Submissions for Edition 15 due (p.17)

**Tuesday 2:** 7.00 pm, Brown Hill Progress Association meeting, Brown Hill Hall (rear). All

welcome

**Friday 5:** 10.00 am - 12.00 noon, Yarrowee River Waterbug Hunt (p.16)

**Saturday 6:** 10.00 am - 1.00 pm, Gateway Lifestyle Open Day, 263 Scott Parade (p.19)

**Sunday 7 October - Tuesday 6 November:** Victorian Mental Health Month (p.20)

**Monday 8:** School Term Four begins

**Wednesday 10:** World Mental Health Day (p.20)

**Friday 12:** Delivery of Edition 15 begins

**Thursday 18:** 6.45 pm - 8.00 pm, Brown Hill Frog Walk and Talk (p.16)

**Friday 19 - Sunday 28:** Children's Week, see: [childrensweek.org.au](http://childrensweek.org.au)

**Friday 26:** 5.00 pm - 7.30 pm, 2018 Brown Hill Community Festival (p.5)

**Saturday 27:** 9.00 am - 1.00 pm, October Brown Hill Market, Caledonian Primary School, Thompson Street (p.4)

**Saturday 27:** 10.00 am - 4.00 pm, Ballarat Miniature Friends Fair, Brown Hill Hall (p.17)

## NOVEMBER

**Friday 30:** Caledonian Primary School Art Show

## DECEMBER

**Thursday 13:** Brown Hill Carols in the Park (p.9)



## In this edition

Welcome to yet another hearty edition!

We would like to thank our five new sponsors for 2018/19:

\*Silver: Brown Hill Market

\*Bronze: Ballarat Treeworks, Bakers Delight Bakery Hill, The AFL Store - Ballarat and Dazzlin' Doggie Country Village.

Their ongoing commitment to help fund our community newsletter is wonderful.

Thanks also to Wendy from Boomerang Bags Ballarat who has made a special 'upcycled' cloth bag for each of our delivery volunteers - handy, stylish and environmentally friendly.

There is so much to say about the great projects and people of Brown Hill - the market was a hit, the community garden is about to take off and the festival is around the corner. Never a dull moment!

Enjoy!

*Sarah Greenwood-Smith, Volunteer Editor, Brown Hill Community Newsletter and Directory Committee*  
[newsletter@brownhill.vic.au](mailto:newsletter@brownhill.vic.au) and [brownhill.vic.au/newsletter/](http://brownhill.vic.au/newsletter/)

## Ballarat. Now and into the future

This campaign aims to amplify Ballarat's voice in the lead up to the 24 November state election. One key proposed project is a **Warrenheip Train Station** - at close to \$22 million this will help deliver a '59 minute service' between Ballarat and Melbourne.

See: [ballaratnow.com](http://ballaratnow.com) for more.

# Pick My Project

**Voting now open!**

'Pick My Project' is a Victorian-first community grants initiative, with \$30 million available to fund local projects.

Three Brown Hill projects have made it through to the voting stage:

## 1. Science, Technology, Engineering and Mathematics Sensory Community Garden.

**Aim:** To create a technology-enabled garden for the school and surrounding community.

**Suggested by:** Adam.

**Project partner:** Caledonian Primary School.

**Category:** Community infrastructure, open space, sport and recreation.

**Budget:** \$95,000.

The Brown Hill community and Caledonian Primary School (CPS) wish to establish a garden that can help foster a stronger bond between the school and its surrounding community. CPS has a renowned science program and the garden would include a range of STEM-related focuses, including cooking facilities, a weather station and an irrigation system which would be run using a student-designed computer



*The first stage of the Caledonian Primary School garden. Image provided.*

program. The garden users would include students, staff and parents involved in the school, and members of the Brown Hill community who wish to establish their own plots or assist with growing, harvesting and preparing the produce.

Members of the Brown Hill community have been searching for a location for a community garden. At the same time, Caledonian Primary School has been establishing the first stage of a paddock-to-plate program. By expanding the garden at the school, the needs of the school and wider community can be met in the one location. In addition, the sensory element of the garden is vitally important given the

increase in the number of children enrolled in the school with Autism Spectrum Disorder. The sensory garden will be an important inclusion tool for these children during school and post-graduation.

## 2. Extension of cricket club's training facilities to cater for community.

**Aim:** To provide a community practice wicket at Russell Square, open for public use.

**Suggested by:** Joshua.

**Project partner:** City of Ballarat.

**Category:** Community infrastructure, open space, sport and recreation.

**Budget:** \$22,000.

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East Ballarat Cricket Club is experiencing a huge increase in numbers and don't have adequate training facilities. The club has invested funds in their present training set up with internal nylon netting to which the general public do not have access. The new practice net would have a two-fold effect - first, to be open for public use, and second, to provide for the expansion in playing numbers at the East Ballarat Cricket Club.

It will provide a venue for the general public to play cricket in a cricket net, which would be made available at all times. At present, the club's nets are closed to the public, who have to travel out of our immediate area to access such a facility. This would provide an additional sporting facility at Russell Square and allow both the club and public to make use of this net. With increasing numbers of participants, the new net would assist with this demand.

### **3. Seniors Technology Lessons.**

**Aim:** To provide Face-to-Face Technology Lessons and Workshops to Seniors at Wintringham, Brown Hill.

**Suggested by:** Scott.

**Project partner:** ReadyTechGo Australia Pty Ltd.

**Category:** Education, training and skills.

**Budget:** \$41,808.

Wintringham will be providing technology lessons (computer, tablet and smartphones) to seniors to increase their confidence and skills in the digital world. These lessons will be provided by a team of ReadyTechGo professional

trainers in a series of workshops and one-on-one lessons, provided at Wintringham, Brown Hill. Wintringham provides housing and care to people who are homeless or at risk of homelessness. These lessons aim to empower these individuals, assisting them with essential digital skills to gain employment, and interact in a digitally driven world.

Modern technology is moving at a rapid pace and many people, especially seniors, feel that they are being left behind. At the same time, many organisations, services, communication options and entertainment providers are moving to a more digital-based service. Many at Wintringham lack the digital skills required for re-entering the workforce. Wintringham wants to empower older adults with the confidence and skills to embrace modern technology in order to take advantage of the digital services that are now available to them. With this funding Wintringham will be able to provide over 675 lessons, from group workshops to individual lessons.

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The Pick My Project team says, "We received over 2500 project ideas from across Victoria and voting is open now and closes at **5.00 pm on Monday 17 September.**"

To vote for a Brown Hill project, you'll need to register for a 'Pick My Project' account. This will require mobile phone verification, so the organisers can make sure they're dealing with real people. Once you have registered, select 'Brown Hill' as the local community in which you wish to

vote. You'll be shown a minimum of 30 projects within 50 kilometres of Brown Hill, from which you'll be able to select your three favourites. Others need to live in the community in which they are voting and be aged 16 or older. You can register for updates and find out more online: [pickmyproject.vic.gov.au](http://pickmyproject.vic.gov.au) or call 1800 797 818.

We will post information on the 'Brown Hill Community Newsletter' and 'Making Brown Hill' Facebook pages and report back in the next edition.

## **Launch of the Brown Hill Market**

"Beaut day to launch the Market! It is so good! I love it!" Brown Hill local, Steph, summed up the response of our community to the first Brown Hill Market. What a great success!

Market Manager, Steve Burns, tell us that there were 43 stalls, including seven which were new. The other 36 stalls also participate in the Lake Wendouree Market (also now managed by Steve). He says, "Stallholders were very pleased with the big crowd! So, thank you to the Brown Hill locals who came along in such big numbers. The Hall was crowded from about 9.30 am until after 12.00 noon."

The Brown Hill Market has free entry, free musical entertainment and a fabulous cooking demonstration, featuring Garry Mann. The stalls feature fresh produce, fresh fruit, bread and baked goods, honey, eggs, cheese, olive oil, organic lamb, dry goods,

healthy food bars, muesli, kids' clothes, adults' clothes, jewellery and books, to name a few. Steve says, "Our bread stall sold out and one of the other stalls had their highest sales at any market ever! Also, two stalls selling different sorts of eco-homewares had very big sales. I wonder if that was a response to the return of 'The War on Waste' series?"

The Brown Hill Lions Club had a sausage sizzle and there was a coffee van and a wide range of hot food.

Six-year-old Harry said he liked the Brown Hill Market because he got to see lots of his friends, and local, Carolyn, wrote, "It was a great market, well done to all involved!"

Steve says, "The buzz was great and the consensus was that the market was a big success!"

The Brown Hill Market will be held on the fourth Saturday each month. Dates for the 2018 Brown Hill Market are:

- \* 25 August
- \* 22 September
- \* 27 October - Caledonian Primary School, Thompson Street (due to a prior booking at the Hall)
- \* 24 November
- \* 22 December

Contact: Steve Burns  
0409 551 539  
steve@ballaratmarkets.com.au  
ballaratmarkets.com.au/brown-hill-market/



Locals flocked to the first Brown Hill Market in July. Image: Steve Burns.

## Brown Hill Community Festival

**Mark Friday 26 October in your diaries!**

Planning is well underway for the third Brown Hill Community Festival on Friday 26 October, from 5.00 pm to 7.30 pm at the Brown Hill Recreation Reserve, Humffray Street North (behind the Brown Hill Hall).

This annual event is held by the Brown Hill Progress Association during National Children's Week (Friday 19 – Sunday 28 October, see: [childrensweek.org.au](http://childrensweek.org.au)). It is family-friendly and free to enter.

Community groups will run the activities and several food and drink stalls, accepting gold-coin donations. Money raised will go towards funding the 2019 Festival.

Stalls will include:

- \* Sausage Sizzle: Brown Hill Lions and Lioness Clubs
- \* Pancakes: Brown Hill Uniting Church
- \* Drinks: Brown Hill Kindergarten

We will also have Masala Valley Indian and the Bean Me Up Coffee Cart selling food and drinks.

Activities will include:

- \* Jumping castles
- \* Nature-craft for kids
- \* Cricket activities
- \* Local CFA truck (weather permitting)

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# Brown Hill Market

**July was great – THANKS! – see you Saturday Aug 25!**

**Brown Hill Hall 9 am – 1 pm**

***ballaratmarkets.com.au***



The Brown Hill community had a ball at the 2017 Festival. Image: Nigel Stevens

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Performances will include:

- \* Brown Hill Kindergarten
- \* Caledonian Primary School
- \* Woodmans Hill, a campus of Ballarat Secondary College
- \* Ballarat Highland Dancers

There will also be information stalls from many local community groups, including:

- \* Brown Hill Local Area Plan
- \* Brown Hill Market
- \* Ballarat Wholefoods Collective
- \* Brown Hill FireAware

To stay up-to-date, follow the 'Brown Hill Community Festival' Facebook page and keep an eye on the Brown Hill Community Online Hub: [brownhill.vic.au/brown-hill-community-festival/](http://brownhill.vic.au/brown-hill-community-festival/)

If you would like to volunteer to help with the festival, please contact us!

Brown Hill Community Festival Committee  
[festival@brownhill.vic.au](mailto:festival@brownhill.vic.au)



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### **Our Local Area Plan**

#### Ballarat Road

A summary of the consultation responses is available online: [brownhill.vic.au/partnerships/local-area-plan/](http://brownhill.vic.au/partnerships/local-area-plan/)

During the second Working Group meeting, a presentation was given on potential public realm improvements which were derived from the consultation feedback. These included to:

- \* Strengthen and enhance Yarrowee Corridor (and recreation facilities)
- \* Create an integrated transportation network
- \* Strengthen the Humffray Street Centre
- \* Identify and emphasise heritage features

The session then moved on to a presentation and discussion on planning scheme zoning and potential tools and mechanisms that could be implemented to address key issues raised in the consultation and ensure that what the community values about

Brown Hill is retained. The key aspects were:

- \* More rigorous site design guidelines
- \* A strengthened centre on Humffray Street North
- \* More open space
- \* Retention of more vegetation
- \* Landowners working together to share infrastructure, more interconnected development, and an integrated and connected network of roads

The group were then asked to rank which of these aspects they valued the most and why.

The next stage in the process will be the release of a 'Future Scenarios Options Paper' for community feedback. The 'Paper' will include the following:

- \* A summary of the findings of the initial round of community engagement
- \* A summary of background reports on natural and cultural heritage, traffic, economics and infrastructure
- \* A discussion on key issues and opportunities for Brown Hill and
- \* Three future growth options including an evaluation for each

The Brown Hill community will be invited (through the newsletter and community Facebook pages) to provide feedback. To subscribe to the newsletter and receive email updates, visit: [brownhill.vic.au/newsletter/](http://brownhill.vic.au/newsletter/) or email 'subscribe' to [newsletter@brownhill.vic.au](mailto:newsletter@brownhill.vic.au).

For more information, please contact Stephanie Durant from City of Ballarat's Strategic Planning Team on 5320 5689 or [stephaniedurant@ballarat.vic.gov.au](mailto:stephaniedurant@ballarat.vic.gov.au).

# FireAware

## Third year of funding for Community FireAware Network

The Brown Hill Community FireAware Network has been successful in obtaining funding for this year's letterbox stickers to help raise awareness of the bushfire threat to Brown Hill households for this coming bushfire season. Funding has been provided by a 'Connected Communities Grant' from Bendigo Bank's Community Enterprise Foundation. The Foundation's funding helps to build stronger communities through funding programs for families, youth, health, education, the environment and the arts.

Stickers will be distributed to households within the Brown Hill 'Neighbourhood Clusters', along with CFA information and an invitation to an information session focused on each cluster's particular bushfire risk during September and October. If you wish to help raise your neighbours' awareness of the bushfire threat, please display the

sticker on your letterbox, fence, fridge, school bag....it all helps!

There are four established 'Network Clusters':

1. Coorabin Estate
2. Janson Road and Stringybark Drive
3. Russell Square to Lane Street (between Scott Parade/railway line and the Yarrowee River)
4. Finlay Street South and Bradbury Street

We would like to start up another one or two 'Network Clusters'. If you are interested in helping, please contact Hazen to find out what it involves (very little - trust me!). If you already live within one of the cluster areas and could help with letterboxing, please contact Hazen.

The purpose of a 'Network Cluster' is to:

- \* provide a yearly reminder of the need to prepare for the fire season;
- \* provide an opportunity for neighbours to meet and discuss bushfire issues specific to their neighbourhood;
- \* highlight that it is everyone's responsibility to be aware and

prepared to act in a fire event affecting their community or a community nearby.

## There is no time to clear gutters when smoke is on the ridge!

Even though the hot weather seems too far away to think about during this chilly winter, it will return soon enough and so it is a good idea to incorporate some simple garden maintenance measures, as we tidy up our gardens for spring, that will also help lower our bushfire risk.

- \* Clean your gutters
- \* Rake up and dispose of leaves and flammable debris
- \* Move any wood piles and mulch away from the house
- \* Prune dead branches from trees and bushes: remove any branches overhanging the roof
- \* Check the roof for broken tiles and replace
- \* Dust off your Bushfire Plan and review

Search online for "Brown Hill Community FireAware Network".

Hazen Cleary, Brown Hill FireAware  
Network Coordinator

0408 690 493

[hmc433@hotmail.com](mailto:hmc433@hotmail.com)



## Tribe North Cafe Now Open

Serving delicious coffee and house made, pasties, pies, cakes, slices, soups and bagels.

Open Tue-Fri 8.30 am - 3.00 pm

Loads of free parking. 1/100  
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Happy smiling staff, at Start Café, Carlie and Poonam. Photographer: Brian Green

## A new Start

### Welcome to Start Café at 96 Humffray Street North

New owners, Priya and Raj, have started their fresh food café, opening for breakfast and lunches. They are only using fresh ingredients; no frozen food, no microwave oven.

Priya says, "I love to cook from the basics; good healthy food is available, with great service. Our lovely breakfasts include smashed avocado and eggs and our 'Big Breakfast'."

Start Café is now open seven days a week from 7.30 am until 4.00 pm.

I tried a café latte and I'll be back for another.

Brian Green  
Brown Hill Community Newsletter  
Committee

## New faces at the Brown Hill Hotel

Mike and Krista Harvey are the new energy at the Brown Hill Hotel. After looking for two years throughout country Victoria, they chose Brown Hill because they

wanted a hotel in an active community.

The Hotel has seven types of beer on tap, and Mike and Krista say, "We make the best burgers and parmas in Ballarat."

You can sign up for a free loyalty card and get real rewards, including eligibility for draws on Wednesdays and Fridays, and 10% off food and beer.

Tuesdays are parma nights, Wednesdays are burger nights and Thursdays are trivia nights.

Mike and Krista say, "Try us for lunches or dinner; our Bistro is open every day except Mondays. We are here for the long haul and have many new plans we hope to develop. We have already committed to support some local sporting teams. Drop in for a meal or a drink and make yourself known."

5331 3037  
info@brownhillhotel.com.au  
385 Humffray Street North, Brown Hill  
brownhillhotel.com.au  
Find us on Facebook

Brian Green  
Brown Hill Community Newsletter  
Committee

# Brown Hill Directory

Since the release in June of the second edition of the printed Brown Hill Directory, we have added several businesses and groups to the Brown Hill Community Online Hub:  
brownhill.vic.au

### Accommodation

#### Ballarat Cottages

Robert & Maureen McGreehan,  
Owner Managers  
stay@ballaratcottages.com.au  
5331 5558  
0419 860 170  
ballaratcottages.com.au  
711 Morres Street, Brown Hill

### Aged Care

#### Wintringham - Specialist Aged Care

29 Bradbury Street, Brown Hill  
9376 1122  
admin@wintringham.org.au  
wintringham.org.au

### Clothing

#### End of Stash - Children's clothing

Maureen  
0419 860 170

### Education

#### Early Childhood Resources

Angela Tinetti  
0437 293 556  
EarlyChildhoodResources17@gmail.com  
madeit.com.au/EarlyChildhoodResources  
Find us on Facebook

### Electrical Services

#### Matt Wilson Electrical

Contact: Matt, 0414 933 394  
mwelec@outlook.com  
Find us on Facebook



*Finance*

**Juno Lending & Finance**

Nathaniel Campbell

0418 368 693

Nathaniel@juno.com.au

juno.com.au

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*Food - Catering*

**Queen of Cookies**

Alisha Rowland

Facebook: @queenofcookies2016

Instagram: queen\_of\_cookies\_2016

alisharowland@hotmail.com

*Health and Beauty*

**younique**

Carolyn Rosser

0419 133 363

carolynsyounique@gmail.com

carolynsyounique.com

Find me on Facebook

*Health Services*

**Dr Stephanie Blyth,**

**Chiropractor**

One Life Health Group

5332 1948

admin@onelifehg.com.au

onelifehg.com.au

1215 Sturt Street, Ballarat Central

Find us on Facebook

*Sport: Bowls*

**Bungaree Bowling Club**

Jayson Frawley

Tournament Director / Selector

0427 393 063

Find us on Facebook

# Brown Hill Lions and Lioness Clubs

***New leadership***

During June, new office-bearers were appointed to the Brown Hill Lions and Lioness Clubs, as follows:

**Lions Club**

President: Ian Drew

5332 3162, 0428 583 092

brown.hill@lions201v1-4.org.au

**Lioness Club**

President: Raelene Drew

Secretary: Kath Button

5331 4718

brown.hill@lioness.lions201v1-

4.org.au

**Carols in the Park**

The Brown Hill Lions and Lioness Clubs are pleased to announce that on **Thursday 13 December**, there will be 'Carols in the Park' for the community at Brown Hill Reserve. Funding of \$2200 was received from the City of Ballarat through the Community Impact Grants Program. More information to come in future editions of this newsletter.

# Community Impact Grants

Local, not-for-profit organisations delivering community projects and events can now apply for funding in Round One of the City of Ballarat's 2018 - 2019 Community Impact Grant Program.

Applications are now open online and close at 5.00 pm on Monday 3 September 2018.

More than \$303,000 is available in funding in the 2018 - 2019 program.

For more information on the Community Impact Grant Program, go to [ballarat.vic.gov.au](http://ballarat.vic.gov.au) to download a copy of the 2018 - 2019 guidelines and access the online application form.

Grant recipients from Round 4 of the Community Impact Grant Program 2017 - 2018 include the 'Brown Hill and District Lions Club - Carols in the Park'.

## Advertise with us!

We are pleased to offer limited advertising in the Brown Hill Community Newsletter. Visit [brownhill.vic.au/newsletter](http://brownhill.vic.au/newsletter) to find out more. Contact: [newsletter@brownhill.vic.au](mailto:newsletter@brownhill.vic.au)

## PIANO TUITION

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# Pool winter update

The Brown Hill Community Swimming Pool Committee (part of the Brown Hill Progress Association) haven't been resting on their laurels over the winter. A couple of working bees have been held to service the pump room and repair some equipment failures. Unfortunately, the high winds of the last two to three weeks have wreaked a bit of havoc on our oldest shade sail with some major splits in the edge stitching. The sail was dismantled and we will see if it can be repaired over the next month or so. A couple of the main valves of the pump house also needed some major cleaning up so they operate and seal more smoothly. These have been removed and Peter, our volunteer plant maintenance man, is on the job, cleaning and lubricating them back to better operation. The basketball ring has also seen better days, so a replacement will be sought out.

In the last two weeks of the 2017-18 season, our ten-year old solar hot water system for the change rooms developed a rusted-out split and leaked continually. Fortunately, the Progress Association had previously acquired a unit to replace this system when it wore out and had it stored ready for installation. We hope to fit it in October or November, before the start of the season on 1 December. **We would be very grateful for some assistance from a registered plumber** for both their plumbing skills and a 'Certificate of Compliance' for the retrofit. We have volunteer labour and skills

but no registration to meet the council standards. **If any of our local trade plumbers can help**, please contact the Brown Hill Progress Association Pool Committee via the Brown Hill Community Online Hub ([bhpa.vic.au](http://bhpa.vic.au)) or email: [bhpa@brownhill.vic.au](mailto:bhpa@brownhill.vic.au).

As summer gets closer, we will be organising kiosk staff and lifeguards who will be wearing nice new sunsafe polo shirts this season that are currently being printed. From the end of October, the 'big clean up' will begin on the pool itself and, by the look of all the ducks that are making it home at the moment, there will be some major scrubbing to remove the duck droppings around the pool edges. **We will promote future working bees via the Brown Hill Community Online Hub** ([bhpa.vic.au](http://bhpa.vic.au)) and by emailing our subscribers (see below). Please keep an eye out for dates as many hands make the jobs much more manageable.

Roll on, summer!

*Brendan Stevens, Secretary  
Brown Hill Progress Association (and  
Swimming Pool Committee)  
[bhpa@brownhill.vic.au](mailto:bhpa@brownhill.vic.au)  
[brownhill.vic.au/brown-hill-progress-association/](http://brownhill.vic.au/brown-hill-progress-association/)*

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# Brown Hill Kindergarten

## **Lioness Club donation to Kindergarten**

The Brown Hill and District Lioness Club continues to show support for the Brown Hill Kindergarten by assisting with the purchase of resources. This year, the Lioness Club provided funds for the kindergarten to purchase four new trucks for the digging patch and Lego to add to existing supplies.

The trucks will be a welcome addition to the digging patch, where the children love to dig, build with bricks and drive the trucks. The digging patch provides opportunity for play using large muscles for digging and carrying bricks, co-operation and collaboration as the children plan and create, and sharing of ideas and knowledge as they talk about their play. They learn about weight as they carry bricks and force and resistance as they dig. They also learn about motion as they move the trucks around the digging patch and in and out of the holes they dig. We see some amazing things being created there, from houses to rivers and lakes.

The new Lego will expand our existing collection, allowing for more children to work with the Lego and for more elaborate creations. Play with construction sets, including Lego, gives the children opportunity to work collaboratively or alone, experimenting and investigating as they build. There are opportunities for language, maths and science learning, as well as



Lioness Ladies: (L-R) Raelene Drew (President), Kath Button (Secretary), Mary Jolly (immediate Past President) with kindergarten children, Kaiden, William, Edward and Campbell. Image: Christine Sullivan, Brown Hill Kindergarten

sharing and working together.

Some of the Lioness ladies visited the kindergarten to look at the new purchases. Campbell, Edward, Kaiden and William were keen to see what had been purchased and wanted to know if they could take the trucks outside as soon as the photos were taken!

**Come and support us on Saturday 25 August - at the Bunnings BBQ!**

Christine Sullivan, Educational Leader, Brown Hill Kindergarten (a Eureka Community Kindergarten Association [ECKA] Kindergarten) 5332 7973

[brown.hill.kin@kindergarten.vic.gov.au](mailto:brown.hill.kin@kindergarten.vic.gov.au)

## Caledonian Primary School

### Principal's Report

#### Science Week

Term Three is off to a flyer at Caledonian Primary School, with all students celebrating Science Week during Week Two. 'Supreme Incursions' visited on the Monday with a billy cart incursion. I think the hands-down favourite was racing the billy carts around the school.

The 'Victorian Space and Science Education Centre' visited on the Tuesday and the students got to build and launch rockets and explore with droids. The preps were very excited when they made volcanoes with Mr Prockter and Mrs Tunbridge!

Caledonian Primary School has a strong focus on science and we explicitly teach it each week to the students. The science curriculum provides opportunities for students to develop an understanding of important scientific concepts and processes, the practices used to develop scientific knowledge, the contribution of science to our culture and society, and its applications in our lives.

Throughout the year, students from grades five and six engage in 'Special Science' with secondary students from Woodmans Hill. This is a great program for our students, who foster positive relationships with the secondary school staff.

At Caledonian Primary School, we offer programs such as the 'Kitchen Garden' program, 'Energy Breakthrough', and 'Robotics'. These programs support the students in applying their science and STEM (Science, Technology, Engineering and Maths) knowledge in real life situations.

...continued p.12

**Get the receipts sorted for your tax return**



**Brown Hill Bookkeeping**

**Michael loves a mess**

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### 100 days of Prep

The Prep students recently celebrated their 100 days of school. Well done to all the prep students for reaching this milestone and making such great growth with their learning.

### Pick My Project

We are delighted that our STEM sensory community garden project has been nominated for the State Government's 'Pick My Project' funding competition (see p.3).

Please vote for us online **before 5.00 pm on Monday 17 September** to help make this amazing idea a reality for our students and the Brown Hill community.

### New enrolments

As we move towards the end of Term Three, we will be busy planning for 2019. If you know of any families looking to enrol in school, please get them to book in for a school tour to meet the fantastic staff and students at Caledonian Primary School.

### Brea Terris

Principal - Caledonian Primary School  
5332 6955  
caledonian.ps@edumail.vic.gov.au  
caledonianps.vic.edu.au

### 100 days of school: preps

On 1 August 2018, the preps at Caledonian Primary School had their 100th day at school. They had to dress up as a grandma or grandpa because they were pretending that they were 100 years old. Their day included activities and fun things.

First, they got a photo with all the preps in it. Then they did a fun



Caledonian Primary School's prep students and teachers dressed up as 100-year-olds to celebrate their 100th day of school. Image supplied.

maths activity about money. They were asked, "If you had \$100 what would you do with it?" They came up with lots of creative ideas.

Next they read a story called "Wacky Wednesday" by Dr Seuss. The preps LOVED that book.

After that, they did an exploration on the number 100, using jelly beans, cups and lots of other fun things. After all that excitement, they drew a self-portrait of how they would look if they were 100 years old.

Another activity they did was crown-making. They had to colour in and cut out a paper crown template. Then their teacher stapled it together and they proudly wore their crowns around school. The crowns had "100 days smarter" written on them.

'Mr Prockter challenged the preps to run 100 laps of the track, do 100 push-ups, or maybe even 100 sit-ups, and their response to that was a big "NOOOOOOO!"

Alana and Reese, Grade Six,  
Caledonian Primary School

### Adelaide Pedal Prix

On 28 and 29 July some Caledonian Primary School students from grades five and six chose to participate in the Adelaide Pedal Prix. This competition is where 'Energy Breakthrough' carts from around South Australia and Victoria pedal in a competition held at Victoria Park in Adelaide.

Nine students from our school decided to travel by aeroplane or drive to get there. Stuart (our team manager) took the carts (called 'Optiform' and 'Dash') over to Adelaide on the Thursday. On the Friday, he went through 'scrutineering' with the our carts to make sure they were all safe and secure to ride and pedal in.

'Optiform' was a team of four students and 'Dash' was a team of five. All the carts at the Pedal Prix were different and most schools had two carts rather than one. On the Saturday, there was a community race, which meant adults and people from sponsor companies raced, as well as high school and primary school students. We were just having fun and getting used to the cart and track for those who haven't competed before. We were saving

our energy for the school race on Sunday.

Sunday was the competition race. There were high schools and primary schools all competing in different categories. 'Optiform' and 'Dash' were in the same category. Out of 54 carts in their category, 'Optiform' came 19th and 'Dash' came 26th. The total laps that 'Optiform' did on Sunday was 112, and 'Dash' did 107 laps.

Everyone from Caledonian Primary School did exceptionally well, giving their personal best the whole time.

*Alana and Reese, Grade Six, Caledonian Primary School*

### **Science Week**

At Caledonian Primary School, from 23 to 27 July, we had our 'Annual Science Week'. During Science Week we explored something new every day.

On Monday, Caledonian participated in the Billy Cart Incursion. During this incursion activity we built, rode and designed our own billy carts. During designing our billy cart we had all the money in the world! When we were doing the building phase we were in a race against each other. Once we built the cart we also raced the cart. Then we got to use the organisers' billy carts to race on the 'track' around the oval.

On Tuesday 24 July, we had visitors from the 'Victorian Space Centre'. We imitated being space rovers on Mars using Sphero Robots. As we progressed we earned harder challenges. For example, our first challenge was to program our robots to complete a square, and our final challenge was to complete a track made from flags. From start to finish all the students improved their abilities in programming the robots.

At the end of our science week (Wednesday and Thursday) we visited the famous and humorous 'Harold' from the 'Life Ed Van'. During the Life Ed Van visit, we learned about respect, resilience and connecting. In the two hours we were in the Life Ed Van we were talking about good friends, making connections with people in different social settings, healthy use of technology and being respectful vs disrespectful.

*Connor and Jonah, Grade Six, Caledonian Primary School*

## **Woodmans Hill**

In June, Deputy Premier and Minister for Education, James Merlino, announced that Woodmans Hill will separate from Ballarat Secondary College at the beginning of 2019 and will operate

as a stand-alone government secondary school; 'Woodmans Hill Secondary College'. This is a result of community consultation that asked for a stand-alone year seven-to-twelve secondary school for the community of Ballarat East and the surrounding communities.

In the coming weeks, our major construction and refurbishment of the school will begin. In 2017, we opened our Senior Centre and now works will begin on the major projects as part of the governments' \$6.1 million commitment to the upgrade of learning facilities at Woodmans Hill.

Our upcoming building program includes:

### **1. Performing Arts Centre**

Featuring a tiered 250-seat auditorium, which will not only provide students with state-of-the-art performing arts facilities for music, drama and theatre studies, but will also provide a valuable community resource accessible to other local schools and community groups. Within the Performing Arts Centre will also be the home economics area and a café.

### **2. Science Hub**

Featuring three interconnected science rooms and a laboratory

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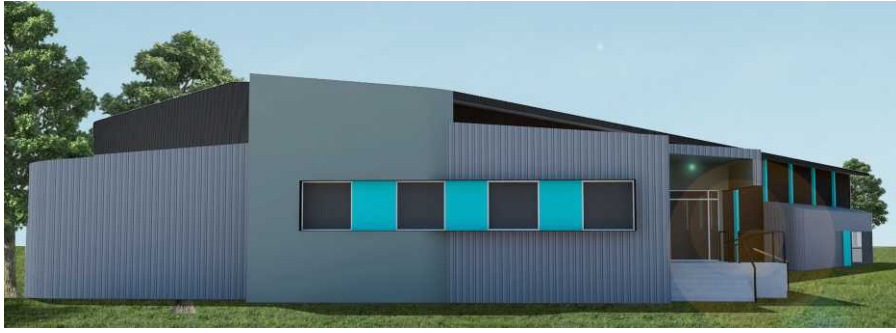
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Artist's impression of the new Performing Arts Centre at Woodman's Hill. Image supplied.

...continued from p.13

preparation room, this facility will allow students access to state-of-the-art science rooms for all science disciplines: chemistry, biology, physics and environmental science.

### 3. Integrated Learning Centre

This 21st Century art and technology building will be complemented with smart technology facilities.

We anticipate that our new facilities will be completed over the next 18 months, with the release of new areas, as they are finished. This is a very exciting stage for both the current and future students of Woodmans Hill and also the wider community of Ballarat East, Brown Hill and surrounding areas.

Simon Haber, Campus Principal  
Woodmans Hill, a campus of Ballarat  
Secondary College  
5336 7264  
ballarat.sc.woodmans.hill@edumail.vic.gov.au  
woodmanshill.net.au

## Fruit tree pruning

### Brown Hill Recreation Reserve

A community fruit tree pruning session was held by the council in the Brown Hill Recreation Reserve on Thursday 28 June 2018. The

trees were planted by the community in August 2016 and this pruning session was an opportunity for the community to learn how to prune a fruit tree to promote growth and increase fruit bearing.

## Pruning workshop

**Saturday 18 August, 10.00 am - 1.00 pm:** Fruit tree and rose pruning workshop at the Ballarat Community Garden. The Ballarat Horticultural Society and the Ballarat Community Garden will combine to run a workshop to learn about pruning fruit trees and roses. Morning tea provided. Cost: \$5.00. RSVP to John Harrison on 0417 133 993.



Brown Hill locals learn about fruit tree pruning at the Brown Hill Recreation Reserve. Image supplied by the City of Ballarat.

## Brown Hill Community Garden

In recent editions of this newsletter, we have included stories by local, Sue Walker, about starting a community garden in Brown Hill. This project is going to be coordinated by Caledonian Primary School and will start in their kitchen garden. Thank you to those people who have already shown interest.

If you would like to find out more and get involved, please contact Geoff Dickson at the school on 5332 6955.

## Ballarat Food Strategy

On 29 June, the City of Ballarat held a Food Strategy consultation for stakeholders and the community. The purpose of the session was to explore what can be done by the council to help support a more healthy, productive and sustainable food



Stakeholders and community members at the City of Ballarat's Food Strategy consultation. Image supplied by the City of Ballarat.

system.

The group hoped to:

- \* Understand what the council can do to support our local food system
- \* Encourage healthy eating and access to healthy food and build the capacity in the community around healthy eating
- \* Facilitate joint actions. Having more community gardens and more collaboration between groups and sectors
- \* Form a network. Understand the needs and opportunities to improve food security in Ballarat
- \* Start a book club: 'Retro Suburbia' through the Ballarat Permaculture Guild

The summary notes are available online: [brownhill.vic.au](http://brownhill.vic.au) (search: Food Strategy)

Brown Hill local and Hidden Orchard co-founder, Ellen Burns, attended the session. She says, "I

loved attending the session, it was extremely valuable and eye-opening to have people from all areas of expertise come to share their knowledge and concerns. There were representatives from so many organisations, businesses and interest groups and everyone somehow shared a single vision for the future of food in Ballarat. It was great to network with other people who are passionate about this topic and hear about all the fantastic things that are already being done. There is so much more that we can be doing to improve food security, but after the Ballarat Food Strategy consultation day, I'm optimistic that we are on the right track!"

Ballarat Community Garden Coordinator, Sheilagh Kentish said, "I found the day was useful for networking and learning about/sharing a few more ideas. I was pleased to see the initiative

get started and truly hope the enthusiasm continues and spreads to other groups and organisations."

The City of Ballarat intend to hold an open-door session in a few weeks to present back the next stage of the process, and to give more stakeholders an opportunity to have input (after work hours).

If you are interested, please contact Caroline Amirtharajah, Health and Wellbeing Planner, City of Ballarat on 5320 5704 or [carolineamirtharajah@ballarat.vic.gov.au](mailto:carolineamirtharajah@ballarat.vic.gov.au).

## Wholesome Wholefoods

Workshops coming up:

**Beeswax Wraps:** Wednesday 29 August 7.00 - 8.00 pm, Brown Hill Cricket Club

**Boomerang Bags Sewing Bee:** Monday 10 September, 10.00 am - 11.00 am, Heart Space 145 Victoria Street (corner King Street), Ballarat East.

Wendy Aston, President, Ballarat Wholefoods Collective  
0419 898 286  
[ballaratwholefoodscollective@gmail.com](mailto:ballaratwholefoodscollective@gmail.com)  
[ballaratwholefoodscollective.org](http://ballaratwholefoodscollective.org)



*Just 4 minutes out of Brown Hill, Glen Park Primary School is Ballarat's best kept secret.*

*Visit [glenparkps.vic.gov.au](http://glenparkps.vic.gov.au) and our Facebook page and see what learning experiences we can offer.*

*Ring us on 5334 5360 to arrange a visit.*

# Our final frog call

The Yarrowee Leigh Catchment Group has been privileged to be involved in the wonderfully engaged community of Brown Hill over the last two years, where we have enjoyed connecting people to the amazing nearby nature that Brown Hill has to offer. With the end of our Nearby Nature Project looming we are excited to hold one last event – a 'Family Frog Walk and Talk' on **Thursday 18 October, from 6.45 pm - 8.00 pm** at the Nerrina Wetlands, corner of Hillcrest Road and Ainley Street. We hope to see you there.

Jane Bevelander, Environmental Projects Officer  
Leigh Catchment Group  
0426 873 202  
jane@leighcatchmentgroup.org  
leighcatchmentgroup.org

## What waterbug is that?

**Join Corangamite Waterwatch to put the Yarrowee River under the magnifying glass**

National Waterbug Blitz is a citizen science project that encourages community members to explore their local freshwater creeks, rivers, wetlands and dams to learn about the fascinating world of waterbugs and contribute to the protection of our precious natural resources.

Corangamite Waterwatch is hosting a 'Waterbug Hunt' and inviting families and individuals to discover what waterbugs are living in Yarrowee River. This



on **18th Oct 2018**  
6:45 pm—8:00pm

*Learn about which local frogs live in and around the Yarrowee River and how the Nerrina wetlands support frog life.*

*Then join an ecologist for a survey of the wetlands area to hear some froggy friends.*

Meet at Nerrina wetlands,  
corner of Hillcrest & Ainley  
St, Brown Hill

RSVP to  
jane@leighcatchment  
group.org or 0426 873  
202



school-holiday event will occur by the river reserve crossing at Reid Court, near Brown Hill Kindergarten from **10.00 am until 12.00 pm on Friday 5 October.**

Waterbugs are good biological indicators of the state of freshwater systems. Some species, such as stoneflies and mayflies, are highly sensitive to pollution while others, including beetles and bloodworms, are more tolerant. The greater the number and variety of the more sensitive bugs, the healthier the water is.

This will be a fun event. Wear a hat, sunscreen and a pair of

gumboots, bring a snack and a drink of water. Waterwatch will instruct you on how to collect and identify the creatures. Children must be supervised by parents or guardians.

If you would like to be part of the 'National Waterbug Blitz' at Brown Hill on Friday 5 October, or just want some additional information, call Deirdre Murphy, Regional Citizen Science Project Officer at Corangamite CMA, on 0418 145 818 or email [deirdre.murphy@ccma.vic.gov.au](mailto:deirdre.murphy@ccma.vic.gov.au) before Wednesday 3 October.

For more information on the





Discovering the waterbugs living in a waterway gives an indication of the health of the system. Image supplied by Corangamite Catchment Management Authority.

National Waterbug Blitz visit:  
[waterbugblitz.org.au](http://waterbugblitz.org.au)



## Miniatures Fair

The Ballarat Mini Friends Dollhouse and Miniatures Fair caters for miniature enthusiasts from across Victoria and interstate. On view will be a hand-crafted display by local miniaturists. An endless array of miniature items can be purchased from the trading tables (including interstate traders) and catering will be available. A great event for all ages, miniaturists and non-

miniaturists alike.

Brown Hill Hall, 375 Humffray Street North  
**10.00 am to 4.00 pm, Saturday 27 October**  
 Entry \$3. Children free of charge  
 Enquiries: Gwen 5333 5423

## Brown Hill Community Newsletter

This publication is a community project of the Brown Hill Progress Association, supported by the Brown Hill Partnership.

It is published bi-monthly in February, April, June, August, October and November.

Editorial Advisory Committee:  
 Brian Green, Geoff Dickson, Sarah Greenwood-Smith and Tania Busse. Proof reader: Jock Freeman.

Social Media: Rachael Houtsma.  
 Brown Hill Directory: Ange Davies and Hazen Cleary.

Local volunteers distribute the newsletter to all businesses and residences in Brown Hill, with additional copies available at local businesses and community hubs. Electronic copies are also available on the Brown Hill Online Community Hub: [brownhill.vic.au](http://brownhill.vic.au)

Contributions are welcome from the Brown Hill community. Submissions are due by the first Tuesday of the month in which the edition is published to [newsletter@brownhill.vic.au](mailto:newsletter@brownhill.vic.au) or in hard copy to the reception desk at Caledonian Primary School, Thompson Street, Brown Hill during school term and school hours.

Edition 15 submission are due by Tuesday 2 October (during school holidays). Please read the editorial policy regarding contributions before submitting an article. Go to [brownhill.vic.au/newsletter/](http://brownhill.vic.au/newsletter/) for details. The views expressed or information provided in this publication are not necessarily those of the Brown Hill Community Newsletter Committee or the Brown Hill Progress Association, including any officers, members, agents or contractors.

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# Plastic Flower Making Workshop

Join us at the Ballarat North Neighbourhood House and help make some of the thousands of plastic flowers we need to reinvent the decorated trams from the Ballarat Floral Festivals of 1938 and 1939. The tram will be used during the 2019 Begonia Festival, and be completely covered with flowers made from recycled plastic. At the workshops, we will show you how to turn old supermarket bags, drinks bottles and more into stunning flowers. There is no cost to be involved, but please let us know if you are coming, and it would be great if you bring some plastic saved from your recycling bin!

Wednesday 5th September  
9.30—12.00pm

Or

Wednesday 14 November  
12.30—3.00pm

**BALLARAT NORTH  
NEIGHBOURHOOD HOUSE**  
5329 1101

## Neighbourhood House

Alison Demuth, Co-ordinator at the Ballarat North Neighbourhood House, wrote to us and said, "I have been distributing and reading your newsletter for a while and enjoy finding out all about the amazing community at Brown Hill. We have many people from Brown Hill (and Ballarat-wide) joining us at The Neighbourhood House to participate in our various

programs."

Find out about events at the Ballarat North Neighbourhood house during **Adult Learners Week, 1 - 8 September:**  
adultlearnersweek.org

Alison Demuth, Co-ordinator  
Ballarat North Neighbourhood  
House, 5329 1101  
alison.demuth@aus.salvationarmy.org  
6 Crompton Street, Soldiers Hill  
Find us on Facebook  
Tuesday - Friday, 9.00 am - 3.00  
pm

## Recranked – donate your old bikes

### *Giving recycled bikes new riders*

Do you have old, unused or broken bikes taking up room in your shed?

YMCA Ballarat's ReCranked program takes unwanted bicycles and gives them a new life. Their staff, volunteers and young participants restore bikes to a roadworthy condition and give them to people in need, complete with a new bike helmet.

"I can now ride my ReCranked bike to soccer training instead of walking the 5 km or missing out. I've made lots of new friends..."  
Young Ballarat Refugee.

The ways in which a ReCranked bike can make a real, positive impact include:

- \* Transportation – providing reliable travel to work and study
- \* Education – supplying school bike education programs
- \* Social Connection – helping people make friends and be part of the community

Contact Wallace Martin,  
ReCranked Coordinator on 0417  
313 898

*Workshop Hours: Monday and Friday  
2.00 – 5.00 pm*

35 Violet Grove, Wendouree

Contact: 03 5329 2800

[ballarat.recranked@ymca.org.au](mailto:ballarat.recranked@ymca.org.au)

[ballarat.ymca.org.au](http://ballarat.ymca.org.au)

[facebook.com/BallaratYMCA](https://facebook.com/BallaratYMCA)



## Brown Hill Seniors

We have had our annual meeting, which brought some new faces to the committee. Our membership is increasing.

This week, we are looking forward to lunch at the Federation University Australia training café.

In September, we start our bus trips, which go until the end of the year.

Enquiries: Doreen on 5331 2157

*Doreen Braebrook, Brown Hill Seniors Coordinator*

[brownhill.vic.au/directory/brown-hill-senior-citizens-club/](http://brownhill.vic.au/directory/brown-hill-senior-citizens-club/)

## Brown Hill Uniting Church

### Op. Shop

9.30 am - 12.30 pm, Thursdays and Fridays. Corner of Humffray Street North & Thompson Street (behind the Brown Hill Uniting Church).

At the Op. Shop, we enjoy being a part of the Brown Hill community. We are open Thursdays and Fridays from 9.30 am until 12.30 pm.

Most items cost under \$10.

We are happy to receive donations of clean clothing, linen and household bric-a-brac. Unfortunately, for occupational health and safety reasons, we

can't accept electrical items or mattresses.

We like to work with other groups in Ballarat. The fabric that we cannot sell, we are able to donate to 'Days for Girls' to further their work. We also support 'Breezeway' and local sewing groups.

The proceeds from the sales at the Op. Shop go back into the local community. We support the 'Learn-to-Swim' program at the Brown Hill Pool and the breakfast program at Caledonian Primary School.

We have gone plastic-free at the Op. Shop. We are happy to accept donations of green bags and paper bags. Come in and say hello to our friendly volunteers.

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# New Modern Homes

## Stage 2A now complete

**Community Open Day**  
6 October 2018 | 10am to 1pm  
263 Scott Parade, Ballarat  
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Morning tea, information & more!

**Can't make our Open Day?**  
Book an appointment today,  
call **1300 361 311** or  
visit [gatewaylifestyle.com.au](http://gatewaylifestyle.com.au)

...continued from p.19

### **Men's Breakfast**

At the Men's Breakfast held on 21 July, Ivan Thorne, Manager of Wellbeing Services at Uniting Ballarat, brought to our attention the struggles and complex issues affecting people of all ages and from all socio-economic backgrounds. Ivan and his team of dedicated workers care for and support clients through their battles with mental health and alcohol and other drugs. The men in attendance thoroughly appreciated the insightful, relaxed discussion shared around the long table following breakfast.

On Saturday 29 September, Health Promotion Team Leader, Louise Feery, will present a talk on Men's Health and General Wellbeing. All men, young and old, welcome!

Please phone 0407 893 468 for details.

*Louise Wright, Brown Hill Uniting Church*

## **Mental health awareness**

Victorian Mental Health Month runs from **Sunday 7 October until Tuesday 6 November** and includes World Mental Health Day on **Wednesday 10 October**.

2018's Mental Health Month focuses on the youth of our society, particularly in the age group of 16-25. One in seven young Australians experience a mental health condition. The young-adult period is characterized by rapid physiological, sexual, cognitive, and emotional changes. Many young adults also move into new

adult roles and responsibilities - they may begin higher education studies, enter the workforce, move away from home, or start a family. They may be expected to accept responsibility for themselves legally, make decisions for themselves, and—in many cases—are often encouraged to begin supporting themselves financially.

Mental illness can have a wide range of social and physical consequences, and can lead to problems with alcohol and other drugs, low self-esteem, risky and anti-social behaviour, school drop-out and unemployment, and even an increased risk of suicide. The aim of Mental Health Month is to raise awareness, and to help reduce these statistics.

During this month, various activities will be organised to promote youth mental health and wellbeing. In Ballarat, there will be a '2018 Ballarat Mental Health Week Art Competition and Exhibition'. Submitted artwork must be original. Winners announced at the 'Mental Health Week' launch held on Tuesday 9 October at the Wendouree Performing Arts Centre.

Competition and exhibition is open to the following:

- \* Artists with a personal experience of mental illness
- \* Carers of people with mental illness
- \* Artists making work promoting awareness about mental health

Artwork to be submitted by delivering the work to: Ballarat Community Health Reception Desk, 28 Victoria St Bakery Hill between 10.00 am and 12.00 noon on Tuesday 25 September or

Wednesday 26 September.

Contact: Tania (Grampians Partners in Recovery) on 5337 8943.

More information about Victorian Mental Health Month can be found on the Mental Health Foundation of Australia website: [mhfa.org.au](http://mhfa.org.au)

## **Children with disabilities**

### **Support groups for families of children with disabilities**

Please contact Rebecca Paton, Parent Support Program Coordinator, Pinarc Disability Support, for more details or to register for one of these groups.

#### **Ballarat NDIS Kids Parent Group**

This is a new group for any parents and carers of children under four years with an NDIS plan. You do not need to be receiving other Pinarc Services to be eligible. Children are welcome and play-opportunities will be provided to keep them busy. Upcoming sessions: Wednesday 29 August and 12 September.

9.30 am – 10.30 am at Pinarc, Sturt Street, Alfredton.

#### **Ballarat Autism Parent Connection**

This group meets at the Robin Hood Hotel on the third Monday of the month, 10.00 am – 12.00 noon, for a social coffee, morning tea and information-sharing. New members very welcome.

#### **Ballarat Down Syndrome Parent Connection Group**

This group meets regularly for support, discussion and information-sharing.

## SCODA - Supporting Carers of Disabled Adults

This is a Ballarat-based group that meets for lunch on the first Monday of each month.

Contact Leigh Fry on 5342 9944.

Would you like to start a new group? Our parent support coordinator can help. Please contact us!

*Rebecca Paton, Parent Support Program Coordinator, Pinarc Disability Support*

5329 1361

[RPaton@pinarc.org.au](mailto:RPaton@pinarc.org.au)

*Days of work: Monday to Wednesday*

## Bungaree Bowling Club

The Bungaree Bowling Club is the youngest bowling club in Australia, having formed less than five years ago. They are looking to build on their early success, following their third straight Ballarat District Bowls Division Premiership.

In the 2018-2019 season, the Bungaree Bowling Club will be fielding three Saturday pennant sides (Division Four, Division Seven and Division Eight or Nine) and one midweek pennant side (Division Five). Midweek pennant commences on Monday 1 October and weekend pennant commences on Saturday 6 October.

The Bungaree Bowling Club will be hosting a "Try Bowls Day" at the Bungaree Recreation Reserve from 10.00 am on Sunday 26 August. Everyone is welcome to come along to give the game a go. No experience or bowls necessary.

The Club will help new bowlers by providing a set of bowls. Anyone wanting to join as a pennant player for the first time will be offered a free membership for their first season.

For more details, please contact us.

*Jayson Frawley*

*Tournament Director / Selector  
Bungaree Bowling Club*

0427 393 063

*Find us on Facebook*



## Brown Hill Cricket Club

The Brown Hill Cricket Club (BHCC) has commenced its senior pre-season training. Training is on Wednesday nights at the Major League Indoor Centre, Howitt Street Wendouree, starting at 5.45 pm.

The club's junior program for under-14 and under-16 year-old players will commence on Wednesday 5 September. Our under-16 year-old players are encouraged to start training with our senior group if they wish to start any earlier.

This coming season the BHCC is aiming to enter two under-12 teams in the Wednesday night

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## Ballarat Society of Artists

Meetings are held from 10.30 am on the first Saturday each month at the Brown Hill Uniting Church, Humffray Street North (corner of Thompson Street). Membership is open to artists of all ages, styles and abilities. Members' exhibits are shown at The Corridor Art Space, Trades Hall, Camp Street.

This space is open Monday to Friday and exhibits change every month.

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**YOUR TEAM YOUR STORE**

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Ballarat Cricket Association /School competition. The club's aim is to have its usual under-12 team (Brown Hill Cricket Club) and to form a second team (Caledonian-Brown Hill). The club is working with Caledonian Primary School to establish the second team.

The Junior Cricket program will also commence around mid-October. Previously known as 'Miloin2Cricket', this year's program will be known as 'Woolworths Cricket Blast'. This is due to a change in the major partner at the Cricket Australia level.

Along with our under-12 team's training, the Woolworths Cricket Blast will be run on Tuesday nights from 4.30 pm. The start date is yet to be confirmed by the Ballarat Cricket Association and Cricket Victoria.

If any further information is required please don't hesitate to contact us. The BHCC would love to have your children involved.

*Phillip Knowles*

*President of the Brown Hill Cricket Club, 0407 399 971*

*phillip.knowles1960@gmail.com*

## **El Dorado Line Dance Classes**

Thursdays at the Brown Hill Hall

\* 9.00 am - Basic Beginner

\* 10.00 am - Beginner

\* 11.30 am - Easy-Intermediate and Intermediate

Everyone welcome for fun and friendship.

Contact: Ella on 0401 017 758.

# **Russell Square update**

## **2018 Active Women and Girls' Strategy**

*At the end of July, the City of Ballarat officially launched the 2018 Active Women and Girls' Strategy. Russell Square's Laurelle Sommers gives us an update.*

The strategy was developed following extensive community consultation about how best to guide future initiatives aimed at increasing female participation in sport and physical activity within Ballarat, while promoting equitable opportunities in the sporting environment.

City of Ballarat's Mayor Samantha McIntosh says, "With more and more women and girls choosing to participate in sport, particularly sports often previously dominated by males, it's important we provide adequate infrastructure, opportunity and initiatives."

Russell Square offers female participants opportunities to play touch football, netball, soccer, cricket and AFL. The introduction of walking soccer and the 'Soccer Mums' program will further involve members from the community.

In recognition of the number of females utilising Russell Square, City of Ballarat, along with the State Government, secured funding to construct new change rooms and netball courts to cater for the increased female participation. These new facilities, combined with the work done by all user groups at a committee level, ensure that we provide a safe sporting environment and

one that is welcoming and inclusive.

I was fortunate enough to attend the launch at the Ballarat Regional Soccer Facility and was impressed with the support, enthusiasm and passion of the attendees. The presence of two AFLW players highlighted where sport can take you, but the focus on participation and getting women moving again was far more motivating for me. It reinforced the importance of the community in grassroots sport and in the creation of opportunities to participate.

With the introduction of 24-hour gyms, people have demonstrated their need to exercise when they can fit it in and it is up to team sports to be as flexible as possible to ensure we retain players. Our running/walking track and exercise stations help meet this objective and with the planned lighting of the northern oval in 2019/20 we should be able to extend opportunities for the community to engage in non-team based exercise at the facility.

We congratulate the City of Ballarat on adopting the 2018 Active Women and Girls' Strategy, and wish them every success.

*Laurelle Sommers, Secretary, Russell Square Committee of Management*

*5334 3336*

*laurelle.sommers@gmail.com*

*Facebook: Russell Square User Group Ballarat*

## **Growing Cricket for Girls**

Hot on the heels of the recent official launch of the City of Ballarat's 2018 Active Women and Girls' Strategy, an important meeting was held at Ballarat's Eastern Oval on Tuesday 7 August with attendees from Cricket



*Ballarat Blue girls involved in cricket matches at Russell Square on 25 February 2018. Photographer: Tim Argall, Wendouree Cricket Club*

Victoria and interested local groups meeting to ensure the continued dynamic growth of the 'Growing Cricket for Girls' program, which started in the 2016-17 season.

All involved agree we must ensure the 'Growing Cricket for Girls' initiative continues to be given the status and priority it deserves. The East Ballarat Cricket Club based at Russell Square was one of seven clubs to adopt an 'All Girls - under 13's' cricket team. In our first season, 12 girls were involved with the Russell Square program. Last season, 25 girls played, meaning East Ballarat was able to field two teams in the Friday afternoon Spring Season and Summer Season fixtures held at Victoria Park.

'Growing Cricket for Girls' was established by Cricket Australia in partnership with the Commonwealth Bank to support the growth and development of girls' competitions at community cricket levels across Australia. Last season, 137 clubs and associations were awarded funding to develop

'girls' cricket' within their regions. The Ballarat Cricket Association and the East Ballarat Cricket Clubs were grateful recipients of this support.

The East Ballarat Cricket Club has given top priority to the continued development of this program, with the aim of increasing participation numbers and teams in a safe, respectful and supportive environment. Practice sessions will be held each Thursday afternoon at Russell Square beginning Thursday 20 September (3.50 pm – 5.00 pm) and continuing on Thursday afternoons through the school holidays and into school term four. Once again, an application for financial support has been submitted and we're again hopeful for a positive outcome.

East Ballarat Cricket Club Coordinator, Mark Ryan, says, "The standard of play displayed by the girls is high class."

The Central Highlands Under 14 and Under 17 girls' squads will be involved in a specially convened training session at Russell Square

on **Tuesday 2 October** and **Wednesday 3 October** (second week of school holidays) from 9.00 am (set up) to 4.00 pm.

This season will also see the newly formed 'Ballarat Women's Cricket Club' in action, with games beginning in October. The Ballarat team is likely to be involved in the 'North West Community Cricket Region' to minimise travel requirements. This team's beginning is an important step in developing a future pathway for girls already involved in junior cricket. Ballarat's Eastern oval will become a centre-point for female cricket in our district, with practise and play opportunities a core feature in providing meaningful opportunities for all female participants.

*Greg Wakeling, Ballarat Cricket Association Operations Manager  
operations@ballaratcricket.com  
0407 244 467*

*Mark Ryan, East Ballarat Cricket Club Coordinator  
markndianne179@bigpond.com  
0477 527 334*

## **Top Katz Rockers**

**20 October Dance, Brown Hill Hall**

The Atomic Hi-Tones are a highly-regarded band from Melbourne. They are widely popular in the Australia-wide rock-n-roll and rockabilly dance scene. They play high-octane, high-energy music, that gets the blood pumping and the toes just itching to go!

This will be one of THE music nights for Ballarat this year.

Joyce Mearns  
0438 830 707 or 5463 2337

# Vale Heather Jocqualine Thurling (nee Hannah)

11 December 1927 – 10 June 2018

On 10 June 2018, at the age of 90, Heather passed away at Nazareth House Ballarat surrounded by loving family.

Heather was a loved wife ('Thurl') to Kelly (deceased) for 64 years. Dearly loved 'Mum' of Cheryl, Diane and Vicki. Loving Nan of Angela and Matthew, Troy and Sarah, Dale, and Kasey. She was also a very special Old/Big Nanny to Zach, Oliver, Ned, Max, and Hannah.

Heather went by many names to many people: 'Heather', named so after her uncle sent a sprig of heather to her mother in a letter while she was pregnant.

The Thurling family would like to thank everyone for their attendance at the Brown Hill Uniting Church on 14 June 2018. Thank you for your support, love and friendship.

Heather loved her sport: badminton and softball. Better than average in softball, Heather



represented Victoria along with her best friend Betty, playing in the same team. She was also a keen supporter of the Essendon Football Team.

She was a great seamstress and made the dress for the young girl who, in 1954, presented the Queen with flowers during her first visit to Australia. At the time, it was a very big deal and Heather was very proud to play a small part in preparing for the event.



Heather was the only girl of five children and moved to Brown Hill when she was a teenager. Here she met her long-time love, the boy next door, Kelly Thurling. They were married when Heather was 25 and built a house between the houses of both their parents. Heather's best friend Betty Wilson lived only two houses away.

Staying close to her family and friends was important to Heather. Heather and Kelly spent the biggest part of their married life bringing up their three girls in Brown Hill. During this time, they were very involved in the Brown Hill community. In their later years, they moved to Portarlington.

At a young age, Heather suffered a stroke during a simple operation. Instead of letting it take over her life, she bravely fought back, teaching herself to walk and talk again, teaching her family and



those around her how to be strong during the hard times. Even when she would get a bit tongue-tied, instead of being embarrassed, she was able to laugh at herself.

Always a green-thumb, Heather would maintain their veggie patch and grow lush plants, beautiful veggies and herbs.

Heather was kind and never had a bad word to say about anyone. She was a quiet achiever and took pleasure in supporting the happiness of those around her, offering a smile and a gentle ear to whoever needed it. She welcomed anyone Kelly would bring home for Sunday lunch and would swiftly make a space for them at the family table. Heather loved her family unconditionally and taught them how to laugh at themselves and treat others with respect and kindness. She loved spending time with her family and hated to see them go after a visit.

Heather was a proud and active member of the Brown Hill and the Portarlington Uniting Church, attending every Sunday.

We were lucky to have had her and been loved by her. We will miss her forever with full hearts. Reunited with Kelly.

*The Thurling family*